

## Merry Christmas from our 'Home' to Yours!

It's that special time of year at St. Joseph's Continuing Care Centre (SJCCC) where we celebrate the annual Lights of Hope Campaign. For the past 31 years, the RHSJ Health Centre Fund of Cornwall has hosted this joyous event to help raise funds for specialized equipment and to support life-enriching programs for the residents and patients at SJCCC. This 208-bed 'Campus of Care' is a staple in the Cornwall community and provides Long-Term Care, Complex Continuing Care and Rehabilitation services to hundreds of families, each year.

As the holidays approach, we are reminded how grateful we are for the support of donors like you. This year, you can help us give the gift of *hope* to our geriatric community by supporting a few of the many initiatives happening at the Centre. Your donation will help inspire the residents and patients on their journey to living their best life, by enhancing the programs that fulfill their days, while providing the best quality of care possible.

*This Christmas, your donation will help give the residents and patients:*

### **Independence through the use of Smart Home Technology.**

This voice-activated technology allows residents and patients to reach their full potential by providing a sense of normalcy to their everyday life.

**Meet Scott.** He has been living with Multiple Sclerosis for the past 30 years. Earlier this year, he was set up with a smart home device in his room to help him achieve a few tasks each day.

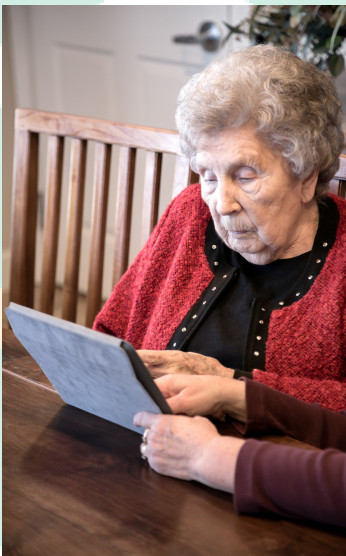
Here is what Scott had to say about his life-changing experience:

*"This makes my daily life easier, like those little things we all take for granted. I can now turn on my fan, my lamp and my television without calling the nurse for help. I feel accomplished at the end of the day. I simply can't imagine my life without it."*



### **Encouragement with new Therapeutic Equipment.**

Your gift will allow the residents and patients to stay as active as possible. By providing real-life simulation activities, therapy staff can help residents and patients increase their mobility, strength training and balance.



### **Confidence through Remote Care Management (RCM).**

A broken ankle left Della in SJCCC's care for the better part of a month. As a patient in the Slow Paced Rehabilitation program, Della was enrolled in Remote Care Management, a 30 day pilot project that helps patients track their health once they leave the facility. This program allowed Della to manage her appointments, monitor her vitals and communicate with a healthcare professional 1-on-1 by video chat, all at the touch of a finger tip and at no cost to her.

When asked about her time at SJCCC, **Della raved:**

*"To me, it was like a marvellous vacation! The staff were so kind and courteous. When I arrived home, the RCM program helped me track what I needed to do each day. I was sent daily reminders about the tasks I had to complete in regards to my health. It was all so simple to follow, and when I needed to ask questions, the staff were always available."*

*\* In just two short months, this new program has helped 30 patients transition back home.*

Your support means so much and is greatly appreciated by the residents, patients, families and staff at SJCCC. Every dollar raised helps us build on the rich heritage founded in Cornwall by the Religious Hospitallers of St. Joseph. With your help, we can make this 'Season of Giving' one to remember.

Warmest wishes,

*Michelle Gosselin*

RHSJ Health Centre Fund of Cornwall, President

**Save time and donate online. Visit [www.sjccc.ca](http://www.sjccc.ca) and click "Make a Donation".**

**613-933-6040**