

# The Villager

**Winter  
2015**



CENTRE DE SOINS PROLONGÉS  
**ST. JOSEPH'S**  
CONTINUING CARE CENTRE

## **Our Mission**

St. Joseph's  
Continuing Care  
Centre, a Roman  
Catholic facility,  
reveals God's love  
and mercy  
through  
compassionate  
care focused on  
the body, mind  
and soul for  
residents, patients,  
families,  
employees,  
medical staff and  
volunteers.

## **Executive Director's Desk**

Happy New Year to one and all and it is my pleasure to share with you some newsworthy items from Administration.

The Ontario government is working on the 2015-2016 Budget and we are working in collaboration with our member organization Ontario Association of Non-Profit Homes and Services for Seniors (OANHSS) on a pre-Budget advocacy campaign.

In this campaign, we are urging the government to increase staffing in long term care homes to improve resident care. OANHSS has recommended that the government make the necessary investment to support a provincial average of 4.0 paid hours of direct care per resident per day in Ontario's long term care homes over the next three years.

We fully support all the recommendations put forth by OANHSS and are working to increase awareness of the needs including information sharing with our MPP, Residents' Council and other key stakeholders. This information is also posted on our posting board in the Public Gathering Space.

We are also working diligently to prepare for our upcoming accreditation survey in the expected to take place in March or April of this year. Surveyors from CARF International will be here to consult with staff members and interview people who use our services; namely residents, patients and family members and third party representatives; such as our therapy services provider and pharmacy service provider. We encourage everyone who is approached by a CARF surveyor to actively participate in the interview process as this is an invaluable continuous quality improvement process for our programs and services. Watch for more accreditation news to be posted in the Centre in the coming weeks.

Bonnie Ruest  
Executive Director

## Resident and Patient Care



### **St. Joseph's School of Nursing Alumnae Donation**

St. Joseph's Continuing Care Centre (SJCCC) accepted a very generous donation from the St. Joseph's School of Nursing Alumnae. The donation was given to help purchase an "isolation cart". An isolation cart is an important piece of equipment that is designed to be wheeled to the entry of a patient/resident room in the event that he/she is placed on infection

control precautions. The cart holds personal protective equipment such as gloves, gowns and face shields.

**Pictured at left:** Mary Thibeault and Isabel Lalonde, Alumnae Members, Shivon Konink, Health, Safety and Education Coordinator, SJCCC, Claudette Clouthier Brunet, Alumnae Member, Bonnie Ruest, Executive Director, SJCCC, Pat Jamieson and Sharon Gaudet, Alumnae Members.

## Health, Safety and Education

### **Health and Safety Physical Site Inspections**

This inspection was completed by an external consultant and is an annual requirement of our accrediting body CARF (Commission on Accreditation of Rehabilitation Facilities). The areas inspected within the facility were audited based on the requirements of, the *Ontario Occupational Health and Safety Act*, various regulations made under it, the *Workplace Safety and Insurance Act*, the Workplace Safety and Insurance Board's *Workwell Audit*, and best practices recommended by the *Public Services Health and Safety Association (PSHSA)*. The report was received in September and we received a passing grade of 84%. An action plan was immediately developed to address the identified hazards. Overall, the organization (management and staff) was commended for efforts to reduce injuries, accidents and losses.

Shivon Konink, Health, Safety and Education Coordinator

## Spiritual Care

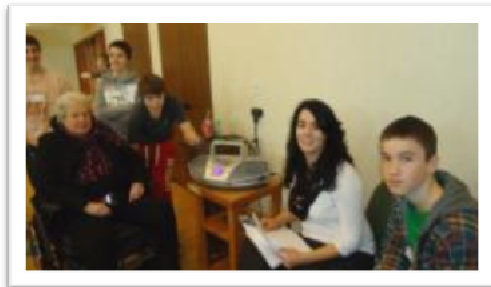
This year's Advent and Christmas season remained a success despite the challenges that are associated with an Outbreak. Although larger group activities like Mass were limited, we were able to meet the needs of our residents and patients during this joyous time. We were blessed to receive Christmas cards for each of our residents and patients, made by grade 3 and 4 students in the Cornwall area during the "Diocese's Nativity Retreat". These handmade cards, were a touching gesture appreciated by all who received them.

This year we also entered our Nativity Scene located in Jeanne Mance Hall in the first ever Nativity photo contest through the Catholic Missions in Canada. This was a wonderful opportunity to showcase our beautiful Nativity scene.

We celebrated a very special New Year's Mass with the Haramis Family lending their musical talents to our Mass. Thank you for your giving hearts!  
We would like to extend a Happy New Year from the Spiritual Care Team.

Martina Anderegg, Spiritual Care Counsellor

## Therapy Services



### Intergenerational Day at St. Joseph's Continuing Care Centre

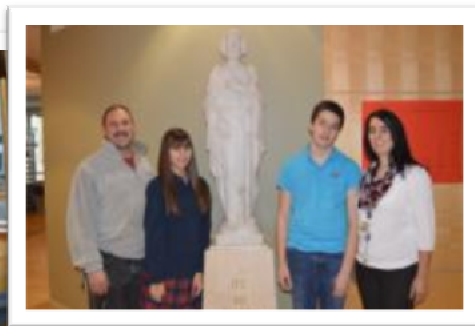
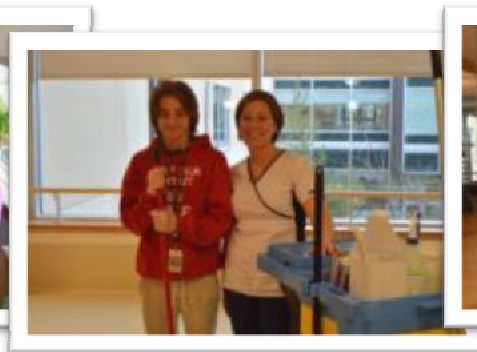
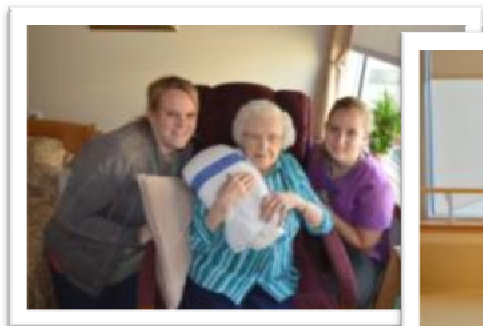
Patients and residents at St. Joseph's Continuing Care Centre enjoyed the festivities at their annual Intergenerational Day on October 21<sup>st</sup>, 2014. Grade 8 students from L'Heritage High School enjoyed a pizza lunch followed by an afternoon of team competition games while sharing stories.

Chantal Helps, Recreation Therapy, Complex Continuing Care

## Community Engagement

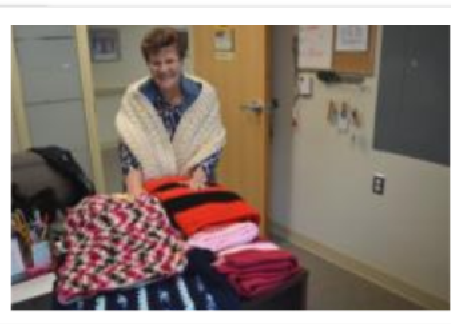
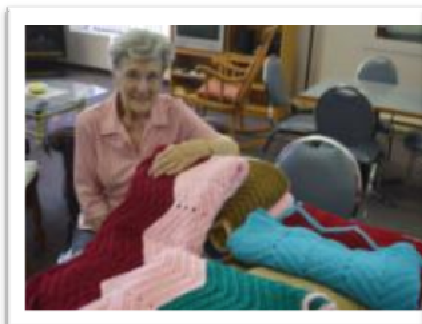
### Take Your Kid to Work Day

Take Your Kid to Work Day is an annual national program in which Grade 9 students are hosted by parents at workplaces across the country. On Wednesday, November 5<sup>th</sup>, 2014, St. Joseph's Continuing Care Centre welcomed Grade 9 students to spend the day working alongside their parent. The program supports career development by helping students connect school, the world of work, and their own future.



### Volunteers keep residents and patients warm this winter!

Thank you to our many Volunteers who donated beautiful quilts, afghans,



shawls, lap blankets and knitted bags for our residents and patients. Thank you to Pauline, Geraldine, Kathleen, Roni, Elaine, Carolyn, Shawna, Georgette and the Canadian Red Cross knitters. Your donations have brought so much joy, smiles and warmth this winter. Thank you very much for your bighearted gifts.

## THE RHSJ HEALTH CENTRE FUND

### 2014 Lights of Hope Campaign

Congratulations to the RHSJ Fund for raising more than \$13,740 dollars for the 2014 Lights of Hope Campaign. A grateful thank you to all our donors

for your support and kindness. Thank you to Medical Arts Pharmacy and to The Royal Canadian Legion, Branch 297 for your generous and much appreciated donations. We value your continued patronage each year. Your donations will help to purchase equipment for resident/patient care programs.



### Rotary Clubs of Cornwall Donation

A donation was received from the Rotary Clubs of Cornwall in December at their weekly general meeting. The donation will be put towards the purchase of a new permanent overhead lift in one of our resident rooms. Thank you to Rotarians for helping us to serve our community and our residents/patients in the tradition of our founders, the Religious Hospitallers of St. Joseph.



## ***Mark Your Calendar!***

- The RHSJ Fund Members will be hosting a Maple Syrup Party on Friday, **March 6<sup>th</sup>**, 2015 from 11:00-1:00 p.m. Come purchase some maple syrup to take home.
- Sister Rosalia Cobey and Employee Awards will be on Friday, **March 20<sup>th</sup>**, 2015.
- Volunteer Week will be celebrated with a Tea and an Award Ceremony on Tuesday, **April 14<sup>th</sup>**, 2015 at 2:00 p.m. (RSVP required)
- The Auxiliary Annual Garage and Bake Sale will take place on Saturday, **May 2<sup>nd</sup>**, 2015 at 8:00 a.m. at St. Therese Church Hall.
- A Mother's Day Spa will take place again this year on Friday, **May 8<sup>th</sup>**, 2015.
- The 90s Club Ceremony will take place on Wednesday, **May 13<sup>th</sup>**, 2015 at 2:00p.m.

Tammie Menard, Community Engagement Officer

Ce bulletin est disponible en français.