



CENTRE DE SOINS PROLONGÉS
ST. JOSEPH'S
CONTINUING CARE CENTRE

THE COMMUNIQUÉ

Editor: Ann Surch

No. 300
24 March 2015

SISTER ROSALIA COBEY AWARD

Congratulations to Wendy MacInnis (Director of Nursing, Complex Continuing Care), recipient of the Sister Rosalia Cobey Award for 2015; and to Shawna Vivarais (Recreation Programmer, Long-Term Care), the runner-up! An inspirational ceremony was held at 1400 hours Friday, March 20th in Jeanne Mance Hall. Both recipients are invited to attend the Annual Conference of the Catholic Health Association of Ontario which will be held in Toronto in October 2015. In addition, Wendy has received a tablet and one year of free parking.

Father Raymond Dumoulin opened the afternoon with an inspirational prayer. Bonnie Ruest, Executive Director, was Master of Ceremonies.

During the ceremony, the nomination for each nominee was read. These have been printed on the following pages. Each nominee was presented with a pin by Father Dumoulin and Bonnie Ruest. We are blessed to have such wonderful people in our Centre who emulate Sister Cobey while providing care to so many.

Congratulations to fellow nominees Justin Alguire, (Resident Care Aide, Long-Term Care), Michel Bisailon (Janitor, Long-Term Care), and Lynn Fontaine (Resident Care Aide, Long-Term Care). All nominees have received the highest compliment from their co-workers. For those who put forward the nominations, your recognition and efforts are greatly appreciated and they are what make your co-worker's nomination so special.

Service Awards

Following the Sister Cobey Award, Service Awards were presented to staff. Congratulations to all recipients. These have been included on the last page.

2015 SISTER ROSALIA COBEY NOMINATIONS

Justin Alguire, Resident Care Aide, Long-Term Care

We wish to nominate Justin Alguire for the 2015 Sister Rosalia Cobey Award. We endorse such a highly-suitable individual and Justin would complement the stellar community of past recipients.

Justin is self-driven and takes pride that his work is well-done with great time management skills. He has shown to be professional, empathetic, patient and a leader in the Gentle Persuasive Approaches. He is well-respected by his coworkers and residents. Justin uses his great communication skills to advocate for the needs of his residents. He is a part of the Multidisciplinary Care Team who always puts his residents first. Justin is an honest, trustworthy individual whom we entrust to take care of our most cherished loved ones.

It is for these reasons we feel that Justin Alguire is a great nominee for the 2015 Sister Rosalia Cobey Award.

Nominated by: Alain Cardinal, Kevin Gallinger, Albert Cella, and
Steve Belanger

* * *

Michel Bisailon, Janitor, Long-Term Care

Please consider this nomination for the 2015 Sister Rosalia Cobey Award. We would like to nominate Michel Bisailon, one of our wonderful Housekeeping staff members.

At St. Joseph's Continuing Care Centre, we are blessed to have staff in all departments completely committed to the well-being of our residents and patients, and our Maintenance and Housekeeping Departments are a great example of this. Day after day, we witness kindness and commitment from the people in these roles, with the staff often going above and beyond the expectation of their job duties.

Michel is a fine example of this. A quieter and humble man, Michel takes incredible pride in the work he does, often getting down on his hands and knees to scrub and polish a section of scuffed floor or baseboard that has caught his eye. He treats the cleanliness and beauty of this Home as if it were his own home, quietly going about his job. Michel recognizes that a

clean and sanitary environment is an important part of the overall health of the seniors in our care, and he takes this very seriously.

We ask that you consider this nomination.

Nominated by: Craig Smith and Martina Anderegg

* * *

Lynn Fontaine, Resident Care Aide, Long-Term Care

This nominee suits the definition of this award. Her compassion is clearly exemplified by her dedication to the residents within our community here at St. Joseph's Continuing Care Centre for 30 years. Her good-natured spirit is highly contagious for anyone she meets. She is always humble in every aspect of her career and faces challenges and bad days with a smile.

Her redeeming qualities are something I hope I can one day bestow upon all residents and patients that I will encounter throughout my career. For her, St. Joseph's Continuing Care Centre is not work - - it is an extension of her family and loves ones.

Nominated by: Kayla Laframboise and Joy Geneau

* * *

Wendy MacInnis, Director of Nursing, Complex Continuing Care

Wendy exemplifies what the Sister Cobey Award stands for. Many of the descriptions given portraying Sister Rosalia Cobey can also be said of Wendy. She too is known to be focused, determined, humble, energetic, optimistic, empathetic, and a forward-thinker. Wendy has the ability to see the good in all people and the positive in every situation.

It is obvious that she is dedicated and passionate about her work. Wendy takes on new projects with ease and confidence; for example, organizing the details for a ventilator patient admission during the same time as managing the start-up for the new Restorative Care Wing at Cornwall Community Hospital, while still managing her duties as Director of Nursing.

It is a pleasure working with such a positive role model who truly values the opinions of others. Wendy will always make time for anyone who needs her, despite her very busy schedule, and has an open door policy for patients, staff and families alike. You will often hear staff describe Wendy as approachable, friendly, hard working, genuine, a great mentor and a ball of energy! She is also known for her wonderful sense of humour, quick wit and

infectious laugh. She exudes positivity towards everyone in typical "Wendy style". Her work voicemail is a prime example of this... she always signs off with her signature saying: "Please make today an awesome day!" This is a quote which Wendy definitely lives by.

Last summer, Wendy witnessed a person being viciously attacked by two dogs outside her office window. She quickly sprang into action, running outside to assist the woman. Her brave, fearless response most certainly prevented the woman from receiving serious injuries from the attack. When complimented on her bravery, she humbly downplayed her actions.

These are just a few of the many wonderful qualities and attributes Wendy possesses which we all feel would make her the perfect recipient for the 2015 Sister Cobey Award.

Nominated by: Lynn Theriault, Angela Dixon, Debbie Spence, and
Cathy Gadbois

* * *

Shawna Vivarais, Recreation Programmer, Long-Term Care

We have nominated Shawna Vivarais for the Sister Rosalia Cobey Award.

Shawna is a dedicated mother, wife and valued team member who demonstrates on a daily basis the qualities that Sister Rosalia Cobey exemplified.

Shawna is a fantastic mother to two young children: Chloe who is almost four and Cohen who will be two in April. Shawna always has her children close to her heart; she is extremely selfless and is always thinking of her kids' and her husband's needs before her own. Shawna is a hard worker and does not shy away from taking on extra responsibilities to ensure that her family has the best!

Shawna is married to her long-time love Chris, who is an amazing father and husband, and together they are dedicated to providing a life full of wonderful opportunities for their family.

Shawna is also a huge animal lover; she has fostered dogs in the past and will rescue an injured bird on the side of the road if she sees one. She has a dog of her own, a Boston Terrier named Emma Olive, who has been experiencing many health issues lately. Shawna has been by her side to help her cope with her seizures, not just as a devoted mother but as a devoted dog mom as well.

Shawna prides herself in providing quality care programs to our residents and delivering them with dignity and with a true desire to meet each person's individual care needs. Shawna is always thinking of new activity ideas and is always willing to try anything if she feels it can benefit and brighten a resident's day. We have watched Shawna interact with the residents, families, staff and volunteers; she is always cheerful, genuine and willing to go the extra mile. We feel that Shawna goes above and beyond on a daily basis. She is always striving to gain knowledge and is not afraid to ask questions. She has a passion for providing care that takes the individual as a whole into consideration and sincerely believes in resident-centered care. Her compassion, empathy and hard work is valued and appreciated by all those whom she serves.

She is a champion for our residents and shares her findings and successes with positivity, making sure that each important message is passed onto the entire team!

Shawna is also always trying to strengthen and nurture the bond and relationships between her and her co-workers. She organizes outings and gatherings; she enjoys working with a united team!

Shawna has a great sense of humour and you can always joke around with her. She will always laugh it off and roll her eyes in a joking manner. She finds a way to come to work every day, happy to be here, even though her morning was most likely already crazy! She is a wonderful coworker and, to her friends and family, a trusted and loyal confidant.

We proudly nominate Shawna for this honour.

Nominated by: Leesa McNally and Tara Cameron

* * *

**St. Joseph's Continuing Care Centre Service Awards
For service up to 31 December 2014**

35 Years

Allaire, Lucie B
Riviere, Trudy L

30 Years

Fontaine, Lynn V
Handy, Kevin L
Price, John R

25 Years

MacDonell, Susan C
Renwick, Marguerite

20 Years

Alguire, Brenda Lee A
Amell, Linda M
Gauthier, Linda C
Gauthier, Louise M
Helps, Gregory W
Latendre, Karen J
Primeau, Donna L
Siegel, Tracey L
Stefanich, George A

15 Years

Berry, Cara L
Bissonnette, Linda T T
Bolton, Leanne G
Conroy, Amanda L
Dawson, Jennifer P
Derouchie, Margaret F
Marsolais, Perry D
Murray, Anne F
O'Neil, Jeannine H
Piquette, Pierrette C
Scanga Lebrun, Paola B
Scanga Vincelli, Carmela
Spence, Debbie A
St. Denis Leduc, Rita G

10 Years

Bissonnette, Nathalie C
Cameron, Jocelyne A
Clement, Andrea M
Hagen, Anita F
Helps, Chantal S
Leroux, Gail M
Rice, Donna M
Ruffo, Louise C
Sorensen, Sharon I
St. Andre, Cindy M
St. Andre, Laura J
Vivarais, Courtney S

5 Years

Aldea, Lorena J
Churchill, Debbie R
Critch, Gregory P
Delorme, Sharon L
Duval, Danielle D
Filion, Melissa M
Flaro, Cindy M
Kelly, Rebecca L
Lalonde, Eric S
MacIsaac, Kathrine A
Mader, Karl
Menard, Tammie L
Ross, Sasha
Russell, Jason R
Showers, Patricia H
St. Denis, Melanie B
Thompson, Kerry K

Revised: March 5, 2015

NOTE: Please be advised that service eligibility is based on hire date. This list was compiled as of 31 December 2014. Inquiries should be directed to Bonnie Ruest at ext. 21189.