

The Villager

Winter/Spring
2016



Our Mission

In the spirit of the Religious Hospitallers of St. Joseph, we reveal God's love and mercy through compassionate care focused on the body, mind and soul of all those whose lives we touch.

Executive Director's Desk

I am pleased to share with you some of the noteworthy happenings from St. Joseph's Continuing Care Centre and the broader health care sector.

In December, Health Minister Eric Hoskins announced 4 key proposals to strengthen health care in Ontario. The proposals would impact/change the following:

the planning and monitoring of primary care,

the delivery of home care,

the organization of services in smaller geographic regions within the LHINs and greater integration with public health.

The Ministry is currently undertaking a period of public and provider consultation to inform the plan moving forward.

The Champlain LHIN is also undertaking a review of sub-acute capacity to help plan for the future of services in this sector. We have been engaged in the planning process as our Complex Continuing Care programme is part of the sub-acute sector. It is an exciting time as we, and our health system partners, plan for our future.

In February we underwent the Resident Quality Inspection (RQI) process in which a team of inspectors from the Ministry of Health and Long-Term Care spent 10 days reviewing our programme delivery in accordance with standards contained in the *Long-Term Care Homes Act, 2007* and/or *Ontario Regulation 79/10*. We are pleased to report that we did not receive any Compliance Orders as a result of this inspection; however, we did receive 10 Written Notifications resulting in 7 Voluntary Plans of Correction. Administration is working diligently to address the noted deficiencies.

In March we will be presenting the Sister Rosalia Cobey Award and our Employee Service Awards. The Sister Rosalia Cobey Award is given annually to an employee who, in the opinion of fellow health care workers, reflects the personal qualities of Sister Cobey and has demonstrated, in the delivery of resident or patient care, elements of the Mission and Philosophy of St. Joseph's Continuing Care Centre. We will also be proudly recognizing 50 employees who have contributed over 655 years of service to our organization.

In closing, this will be my last contribution to The Villager newsletter as I will be retiring from my position as Executive Director in June of 2016. It was truly a pleasure getting to know many of you during my time here. Wishing you all a very joyous Easter.

Bonnie Ruest
Executive Director

Health, Safety and Education

SJCCC recently hosted a course on Train the Fit Tester for Respiratory Protection through our Public Services Health and Safety Association (PSHSA). Thank you to Shelley Taillon (RPN LTC) and Jennifer Roy (PSW CCC) who were interested and attended training to become Fit Testers for our organization. Having dedicated staff for this testing allows us to be prepared in the event that these masks are required for resident/patient care.

We also had a special presentation on Office Ergonomics and Chair Adjustments with our representative from PSHSA. This presentation focused on staff working for long periods at computer work stations. It was a very informative session and we received positive feedback.

Shivon Konink, Health, Safety and Education Coordinator

Spiritual Health

The Spiritual Care Department offers a variety of services to the residents and patients of St. Joseph's Continuing Care Centre such as daily Mass, Ecumenical Services twice a month, a group prayer and reflection once a week, one-on-one visits upon request or referral, and miscellaneous activities such as hymn songs, faith-based movies, and group talks.

At the beginning of this year, the department introduced Room Blessings. A Room Blessing is a brief service in memory of a deceased resident or patient which gives the opportunity for staff, fellow residents/patients, and family to engage in prayers and sharing of memories. The Room Blessing also allows for the expression of thoughts to welcome the new resident or patient when they arrive. We hope that this new initiative will be a source of comfort and healing for all those close to and involved with the care of SJCCC residents and patients.

Cynthia McLachlan, Spiritual Health Specialist

Therapy Services

Inter-generational Programme

St. Joseph's Continuing Care Centre in Cornwall has embarked on a new Inter-generational programme with the Kindergarten students at St. Anne Catholic School. This collaboration allows both students and residents the opportunity to engage through conversation, arts, music and play. Each visit has attracted more and more participants, and residents and students alike leave with a smile on their face.

The inter-generational programme has quickly become one of our most successful and most talked about programmes at the Centre. These opportunities bring together children and older people for mutual benefit. Each participant brings a different



perspective and experience which allows for genuine and meaningful interactions. This programme has grown over the school's last three visits and our residents are anxiously awaiting the next.

A special thanks to the teachers and students at St. Anne's for their openness and interest in sharing the experience with continuing with this very important chance for the generations to connect.



Leesa McNally, Programme Support Coordinator

Nutritional Care

Greetings from the Nutritional Care Team: My name is Jason Laplante and I am the new Food Service Manager at St. Joseph's Continuing Care Centre. After many years, Kent Jeurond has decided to retire.

We have had many changes in the Cafe during the past few months, preparing for the implementation of the Healthy Foods in the Champlain Hospitals Initiatives. As many have noticed, we are no longer serving fried foods and the calorie and sodium content of all soups and entrees are now available to view at the cash register. We are implementing this to be a role model in all areas of resident and patient nutritional care. I am pleased to announce that as of February 23rd 2016, we have been awarded the Bronze status for our efforts and are now working towards Silver status for Fall 2017. We are very thankful for the devotion from the Nutritional Care Team and to all staff for embracing this new initiative. Should you have any question or concerns in regards to Nutritional Care, please do not hesitate to contact me.

Jason Laplante, Food Service Manager

Community Engagement

National Volunteer Week will be celebrated April 10-16th, 2016. The Theme this year is "*Volunteers are the roots of strong communities*". The Centre is blessed to have so many people from our community who share their talents and devote their time with the many residents and patients in our Home. St. Joseph's Continuing Care Centre was showered with 12,597 volunteer hours in a variety of departments and activities in 2015. We would like to say "**Thank You**" to our 100 dedicated Volunteers with a special Tea and Awards Ceremony on Wednesday, April 13th at 2:00p.m. We will have the honour of Jimmy and Sue from the Fresh 104.5 Radio Morning Show to share their thoughts and experience with the many Volunteers from our community.



The Catholic Health International Volunteer Excellence Award

2016 CALL FOR NOMINATIONS - This award celebrates those who have demonstrated a commitment to Volunteerism. The nominees and the recipient will be celebrated at the Volunteer Tea on April 13th.

Do you know an outstanding Volunteer who demonstrates the spirit of volunteerism, reflects the Mission and Values, promotes their facility, and empowers and educate others to Volunteer?

Who can nominate a Volunteer?

It is open to everyone, whether they are front-line workers, support staff, a fellow Volunteer, a resident or patient. Deadline for Nominations is Friday, April 1st, 2016 by submitting to Tammie Menard, Community Engagement Officer.



The RHSJ Fund Members hosted their 2nd Annual

Maple Syrup Party on Friday, March 4th, 2016 from 11:00-1:00 p.m. It was a great success with a delicious feed of beans with a delectable maple syrup dessert! It was a fun lunch hour and people were able to purchase cans of maple syrup at a great price, all while raising funds for the RHSJ Fund. We hope to see everyone again next year.



The RHSJ Fund will be also hosting the 3rd Annual **Spring Fever Barbecue** again this year on Friday, May 27th from 11:00-1:00 p.m. Come and enjoy a delicious barbecue lunch and the launch of the ticket sales of the Barbecue Raffle Fundraiser. The winning tickets will be drawn on Tuesday, June 21st, 2016.

Keep up the great work and best wishes for a blessed Easter and a warm and sunny spring to everyone.

Tammie Menard, Community Engagement Officer

Mark Your Calendar!

- A Mother's Day Spa will take place again this year for our residents and patients who are mothers, on Friday, **May 6th**, 2016.
- The Auxiliary Annual Garage and Bake Sale will take place on Saturday, **May 7th**, 2016 at 8:00 a.m. at St. Therese Church Hall.
- The Walk for Alzheimer's will take place on Saturday, **May 7th** at 9:00 am at the Cornwall Civic Complex. Volunteers, family members, staff and residents/patients will take part in the "Walk". If you would like to join us see Tammie Menard.
- Nursing Week will be celebrated the week of May 9-15th, 2016. A special Tea for all nursing staff will be held on Monday, **May 9th**, 2016.
- The 90s Club Ceremony will take place on Wednesday, **May 18th**, 2016 at 2:00p.m.
- A Father's Day Barbecue will take place on Friday, **June 17th** in the courtyard, weather permitting.
- Our annual Strawberry Social will take place on Tuesday, **June 21st**. The RHSJ Fund Barbecue Raffle Draw will take place that day at 3:00p.m. Good luck!

Ce bulletin est disponible en français.