

# THE COMMUNIQUÉ

Editor: Ann Surch

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# SISTER ROSALIA COBEY AWARD

Congratulations to Christine Mousseau (Resident Care Aide, Long-Term Care), recipient of the Sister Rosalia Cobey Award for 2017; and to Angie Dixon (Registered Nurse, Complex Continuing Care), the runner-up! Father Dumoulin presented the awards to Christine and Angie at the ceremony held yesterday at 1400 hours in Jeanne Mance Hall. Both recipients are invited to attend the Annual Conference of the Catholic Health Association of Ontario which will be held in Toronto in late September 2017. In addition, Christine has received a tablet and one year of free parking.

Father Raymond Dumoulin opened the afternoon with an inspirational prayer. Gizanne Lafrance-Allaire, Executive Director, was Master of Ceremonies.

During the ceremony, the nomination for each was read. These have been printed on the pages which follow. Each nominee was then presented with a pin by their nominators.

We are blessed to have such wonderful people in our Centre who emulate Sister Cobey while providing compassionate care to so many. Thank you to the staff who made the nominations. Your recognition and efforts are greatly appreciated.

### Service Awards and Perfect Attendance

Immediately after the Sister Cobey Award, the Perfect Attendance and Service Awards were presented to staff. Congratulations to all recipients. These lists have been copied on the last two pages. Service award pins not picked up will be sent to the recipients. For Perfect Attendance, anyone who has not picked up their award can do so by seeing Lisa Grant, Payroll Officer (Office 1175).

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## **2017 SISTER ROSALIA COBEY NOMINATIONS**

#### Angela-Rose Dixon, RN CCC

Angie is the Charge Nurse in Complex Continuing Care. She has many characteristics described in Sister Cobey. She is extremely humble, and goes about her work quietly with determination and focus. She is versatile, embraces change and the challenges it comes with, making adjustments to patient care and staff routines...almost continuously these days! She is patient-focussed, and empathetic to her patients. She is also empathetic to the staff she leads, and with so much change in our area, this is not always an easy task. She sets expectations for the best possible delivery of patient care. Angie is progressive and forward in her thinking, embraces innovation, working to create efficiencies where possible. She never refuses the opportunity to learn new things. She is a team player and has good relationships with all the departments, and the staff she works with every day. Angie is a go to person for answers when needed and is always approachable. She hates that she is being recognized right now, but she deserves recognition for so many things that go unnoticed on a daily basis! Thank you Angie!

Nominated by:

Tonya Jodoin, Linda Tessier, Vanessa Lalonde, Linda Thauvette, Angie Locey, Krista Cleary, Laura Mitchell, Greg Critch, Anne Murray and Jennifer Roy.

## Stephanie Hunt, PCA CCC

We believe Stephanie to be a perfect example of Sister Rosalia Cobey. Stephanie has worked in the Nursing field for 30 years. Stephanie has always taken that extra step when caring for all patients. She has been seen adding the lipstick, curling hair and going around shaving patients that were not even hers that day. Stephanie cares for coworkers. When one had surgery she was there cooking, cleaning and caring on her days off. When her own dad - a patient in our facility - was very ill, Stephanie worked all day, went home for a quick shower and came back to sit with her dad, shave him, and simply do those little extras. When someone in our work force is having personal problems, Stephanie is the first to come forward and help. Stephanie's faith and caring nature make her an image of Sister Cobey.

Nominated by:

Maureen Fardy and Brenda-lee Alguire

## Christine Mousseau, RCA LTC

Christine recognized that she wanted to work with residents that require extra love and attention during their lifetime at the Villa. She was successful in acquiring added skills and training for Dementia Care. Chris works tirelessly. She has boundless energy and patience for the residents of Quinn House. Chris has taken the time to learn a few special traits of each resident: a favourite song, family event, names of children or grandchildren, or a special treat that the resident enjoys. She then uses this knowledge to help calm the resident, reduce fears, reduce tears, and bring the resident joy and happiness.

We have often heard Chris say, "I'm coming. I will help you." This demonstrates her willingness to help her coworkers and the distressed resident. I witnessed a resident who was soiled with blood, the resident constantly wanted to grab at staff with bloody hands and the clamp on her nose. Chris kept her voice calm and used distractions to diminish the fears of the unknown for the resident. Even at 7:30, when there is no time for little extras, Chris performed a big extra. She knew this resident needed a shower. Off they went...A shower was given, the resident kept calm, reassurance was given, and into the kitchen she went for breakfast.

Chris has a busy personal life. Her children must be transported to another city every other weekend to visit with family members. They never miss. Chris always ensures her family is safe and loved. She enjoys running marathons to raise money for charities.

Chris is generous, kind, focussed on resident care, humble when given praise, and energetic in her work life and home life. She searches out new programmes and research to help give care to her residents. These are the qualities we see in Chris and the reason for her nomination for the Sister Cobey Award.

Nominated by:

Shelley Kitts and Tammy Siegert

France Sabourin, Recreation Programmer, LTC

There are countless reasons as to why we have chosen France but the main reason is that she has a huge heart. She is such a caring and selfless individual, always going above and beyond for both residents and coworkers.

France's contagious smile and infectious laugh always warm a room. She is always willing to accommodate coworkers when it comes to switching shifts or taking extra shifts so that other staff can enjoy a day off here and there.

For many of you who may not know France as well as we do, she is a true country girl from Moose Creek. She comes from a family of three, where she is the middle child. She always puts family first, and especially her fur babies, Beau, and her cat...we couldn't remember her cat's name...but she loves him/her just as much!!! If it were up to France, she would adopt every single animal on this planet – and trust us – these animals would be so lucky and so loved.

Oh yes – let's not forget her main squeeze Nick. He is a man of few words, but France can definitely make up for that as she can carry the conversation for both! They just purchased their first home outside of Alexandria, where Beau can run free. The social media posts of Beau, her dog, are endless – Ha! Ha!

Getting back on the topic of work, France definitely runs the extra mile when it comes to supplies needed, decorating and innovative ideas for programming. She most definitely gets the bragging rights for the Winter Carnival and the Petting Zoo. She took the lead on both of these huge and successful programmes, and they both went off without a hitch. France is extremely motivated when it comes to planning and organizing large events and small programmes for the residents.

Every single resident in this facility is lucky to have her as a programmer, and we feel the exact same way. Having France as a coworker and of course as a friend as we make a point of getting together once or twice a month after work for dinner.

Great job France! Keep up the amazing work that you do every day.

Nominated by:

Tara Lepine and Shawna Vivarais

#### Miranda Sauvé, RCA LTC

Miranda has been a diligent employee at St. Joseph's Continuing Care Centre since September of 2005. She is a loving wife and busy mother of two, spending many nights at the hockey rinks. She also spends some of her spare time being an active member of the Worklife Pulse Committee. Miranda helps organize many activities either just for fun or to benefit our St. Joseph's Christmas parties. She a humble and all-around pleasant person to interact with. She demonstrates on a daily basis many of the same traits of Sister Rosalia Cobey. She is kind, energetic, patient, and understanding of the needs of every individual — residents and coworkers alike.

Witnessing her give each and every resident the time and compassion they need and deserve is truly moving and a pleasure to see. Miranda is the type of person you wish there were more of.

It is an honour to nominate Miranda Sauvé for this award.

Nominated by:

Amanda Lavigne and Melanie Plourde

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# ST. JOSEPH'S CONTINUING CARE CENTRE CORNWALL, ONTARIO

# EMPLOYEE SERVICE AWARDS For Service up to 31 December 2016

#### 5 Years

Suzanne Duchesnes

Norman Lavergne

Tasha Thompson

**Bonnie Laframboise** 

Natasha Michaud

Sandra Brunet

Lise Poirier

Marc Lalonde

Krista Blohon

John McNaughton-Lyons

Samba Lenjo

Kristen Renwick-Marshall

Suzanne Grant

Gordon Mason

Elizabeth Lamarche

Helen Manolakos

Derek Mason

Krista Cleary

Lynn Royer

**Holly Jennings** 

Marilyn Leveille

Tiffany MacDonald

Joshua Siegert

Michelle Wilson

Patricia Leblanc

Angela Locey

Steve Charbonneau

Ashley Simpson

**Ashley Potvin** 

Jennifer Holton

**Caroline Desnoyers** 

Steve Charbonneau

Miranda Sauve

#### 10 Years

Lynn Theriault

Mona Peeters

Robert Renwick

Claire Lapensee

Amanda Lavigne

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Diane Dansereau

Nicole McDonald

Philomena Doll

Hans Bobzin

Diane Parent

#### 15 Years

Brenda Quesnel

Josee Watson

#### 20 Years

**Brenda Heuston** 

Carol Penpeck

Janet Barry

#### 25 Years

Diana Shayler

Rachelle Sauve

Linda Thauvette

#### 30 Years

Cathy Pidgeon

Kimberley Gillet

Vicky Derouchie

Sephanie Hunt

Brenda I. Alguire

#### 35 Years

**Brigitte Taillon** 

Jocelyn Begg

#### 40 Years

Kent Jeaurond (one year late)

**Cathy Gadbois** 

Diane Primeau

**NOTE:** Please be advised that service eligibility is based upon hire date. This list was compiled as of 31 December 2016. Inquiries should be directed to Ann Surch at ext. 21185.

/as ServiceAwards2016

### **Perfect Attendance Award**

Congratulations to the following 27 employees who had Perfect Attendance for 12 months in 2016 and who will receive their choice of one month of free parking or five free lunches in the Café:

Linda Amell

Mark Antoine

Sandra Brunet

Carmen Delaquis

Dean Derouchie

Melissa Desjardins

Kevin Gallinger

Norman Gauthier

Lynn Heatley

Chantal Helps

**Anthony Ingram** 

Richard Jodoin

Daniel Joyal

**Shelley Kitts** 

**Shivon Konink** 

Eric Lalonde

Elizabeth Lamarche

Marc Leroux

Karin Lullwitz

Christine McDonald

Jocelin McPhail

Anne Murray

**Robert Renwick** 

Anita Roach

Paola Scanga Lebrun

Carmela Scanga Vincelli

Sharon Sorensen