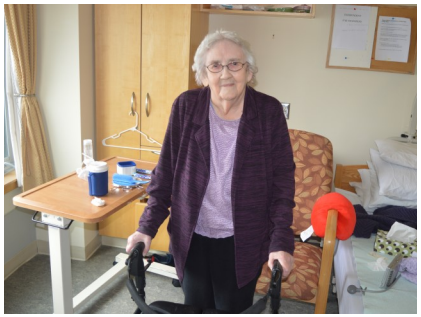
Who is a candidate for this program?

Patients can be admitted from hospital or from the community and can be referred by any healthcare professional who identifies that a patient would benefit from the program. The patient or a member of their circle of care (family physician, home care workers, family members, nurse practitioners and clinics) may contact our Patient Flow Coordinator to discuss the case and determine if the patient would be a good fit for our program.

Candidates must be able to participate in a minimum of 30 minutes of therapy each day. Depending on the patient goals, the therapy program may consist of a variety of activities. Therapy can range from, but is not limited to: participation in activities of daily living, mobility and balance training, strengthening and/or other therapy programming.



Our Mission

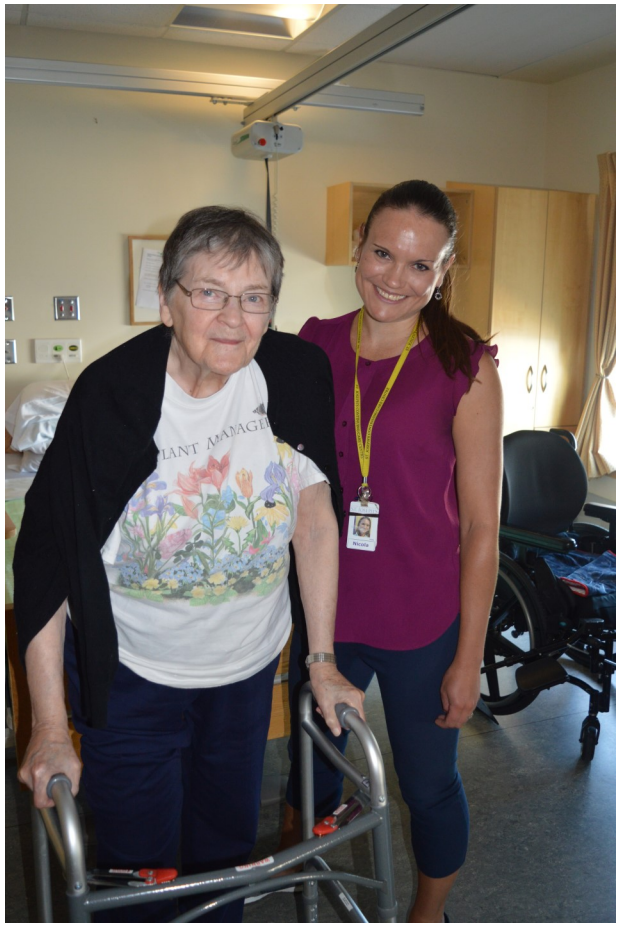
"In the spirit of the Religious Hospitallers of St. Joseph, we reveal God's love and mercy through compassionate care focussed on the body, mind and soul of all those whose lives we touch."

Patient Assessment Request (Please complete and fax to the number below)	
Date:	
Patient Name:	
Date of Birth:	
Phone Number:	
Family Physician:	
Primary Concerns:	
Reasons for Referral:	

Would you like to discuss a potential case or ask questions about our program?

Call our Patient Flow Coordinator at (613) 933-6040 ext. 22328.

www.sjccc.ca/slowpacedrehab
email: slowpacedrehab@sjccc.ca



Slow-Paced Rehabilitation

at St. Joseph's Continuing Care Centre

St. Joseph's Continuing Care Centre

14 York Street
Cornwall, ON K6J 5T2
Phone: 613-933-6040
Fax: 613-933-9429

CENTRE DE SOINS PROLONGÉS
ST. JOSEPH'S
CONTINUING CARE CENTRE

About Our Program

St. Joseph's Continuing Care Centre provides inpatient rehabilitation services to medically-stable seniors who require strengthening and reconditioning and/or rehab recovery after an illness or surgery.

Our Slow-Paced Rehabilitation program approach is to promote activity, increase strength and endurance with a focus on independence, and maintaining the ability to manage day-to-day activities.

Patient length of stay varies depending on the patient and their goals. A patient stay can range from a minimum of 2 weeks up to a maximum of 90 days.

Our Vision: Innovative leadership striving for excellence in quality care committed to the dignity and well-being of the community we serve.

+ Our Team of Experts

- Physicians
- Nurses
- Physiotherapists
- Occupational Therapists
- Dietitians
- Social Work
- Speech Language Pathologists

"Upon admission, working closely with the Patient Flow Coordinator and multidisciplinary team, patients can expect to begin planning their therapeutic goals, identify potential discharge barriers, and work towards returning to community."

Brenda-Lee Alguire
Patient Flow Coordinator

Post-surgical

Services to meet the needs of post-surgical procedures including joint replacement, fractures and cardiac rehabilitation.

General Reconditioning

Services to increase independence, regain lost skills, reduce the risk of falls, promote autonomy in the community (home, assisted living and retirement settings).

Short-term Complex Medical Management

Services for patients requiring a short-term medical stay. Services may include wound management, IV therapy, pain control, or stabilization of complex medical issues.

Palliative Care

Palliative and End-of-Life services to help promote dignity, comfort and quality of life.

Patients must commit to:

- daily slow-paced rehab programming (30 minutes minimum, 5 days per week).
- participate in daily personal care and activities of daily living (dressing, personal hygiene, eating, bathing, etc.).
- be discharged when rehab goals are achieved.
- involve family and/or other support persons in their discharge plan.