

Merry Christmas to our friends at SJCCC!

It's that special time of year at St. Joseph's Continuing Care Centre (SJCCC) where we celebrate the annual Lights of Hope Campaign. For the past 32 years, the RHSJ Health Centre of Cornwall Fund has hosted this festive occasion to raise funds for specialized therapeutic equipment that supports the wellbeing of the residents and patients at SJCCC. Located in beautiful Cornwall, this 208-bed Centre provides Long-Term Care, Complex Continuing Care and Rehabilitation to hundreds of families, each year.

As the holidays approach, we are reminded how grateful we are for the support of donors like you. It's because of your generosity that SJCCC is able to offer the most state-of-the-art therapeutic equipment available. This year, you can give the gift of inspiration to help encourage the residents and patients on their journey to living their best life, by enhancing the programs that provide the best quality of care possible.

This Christmas, your gift can provide the residents and patients with...



Comfort and Compassion

Palliative Care is an important part of our life journey. The staff at SJCCC take special measures to ensure that you and your loved one have what you need. For residents, patients and their families, knowing that there are resources and supports available during this process can bring much-needed comfort and peace.

Your donations matter. By supporting the RHSJ HC Fund, you can help enhance the palliative care experience by improving the in-room "Comfort Carts" for families to use when they need them the most.

Added Warmth

As we age, our circulation tends to slow which can make it difficult for seniors' bodies to maintain a normal temperature. Your gift this year can help support the purchase of therapeutic equipment to give additional warmth to the residents and patients.

Equipment needs include blanket warmers for in-room comfort, heated towel bars to help retain heat after bathing, and hot therapy packs to ease stiffness during/after exercise.

This year, the RHSJ HC Fund is also dedicating a portion of fundraising efforts to purchase a new hot water tank for the Centre. Thanks to your support -- we're almost there!



Confidence and Independence

This season, your donation will allow the residents and patients to stay as mobile as possible. By providing the Centre with the means to purchase specialized equipment, therapy staff can help residents and patients increase their endurance, strength and motivation through their rehabilitation programs.

Ongoing equipment needs include *pressure-relief mattresses, commodes, hip kits, hygienic slings and adjustable beds.*

Your support means more than you know and is greatly appreciated by the residents, patients, families and staff at SJCCC. Every dollar raised helps us build on the rich heritage founded in Cornwall by the Religious Hospitallers of St. Joseph. With your help, we can make this 'Season of Giving' one to remember.

Warmest wishes,

Michelle Gosselin

RHSJ Health Centre of Cornwall Fund, President

Save time and donate online. Visit www.sjccc.ca and click "Make a Donation".