

# THE BEACON

A NEWSLETTER FOR FAMILIES AND FRIENDS OF SJCCC



CENTRE DE SOINS PROLONGÉS  
**ST. JOSEPH'S**  
CONTINUING CARE CENTRE

## A MESSAGE FROM OUR EXECUTIVE DIRECTOR

### *Welcome 2022*

*As I sit back and reflect on 2021, even though it wasn't the easiest of years, we did live moments that brought all of us together in the spirit of our Sisters.*

*We welcomed back our dedicated Auxiliary members with a newly renovated gift shop. We welcomed back our volunteers, and they picked up exactly where they left off, offering smiles and kindness to our residents and patients.*

*We also offered a group of new PSW students an opportunity to build a career in health care, by having them join our Centre as a training facility — many of whom were hired.*

*My hope, like many of you, is that 2022 will be a year of prosperity, growth, and good fortune. I look forward to sharing moments of greatness with each of you, wishing you and your family all the best during this new year.*

*Here's to the joys 2022 has in store for all of us.*

*Gizanne Lafrance-Allaire*

### FOLLOW US

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WWW.SJCCC.CA

## KEEPING YOU IN THE KNOW

### Upcoming Events

#### FEBRUARY 2022

Therapeutic Recreation  
Awareness Month

#### MISSION WEEK

February 6th to 12th

We recognize, celebrate and embrace our Mission, Vision and Values this week, and everyday!

#### 125 YEAR ANNIVERSARY

Wednesday, February 9, 2022

We celebrate the arrival of the Religious Hospitallers of St. Joseph to the Cornwall community!

#### WORLD DAY OF THE SICK

Friday, February 11, 2022

This day offers a way for us to come together and pray for those who are suffering from sickness. We ask that you spend a moment and reflect on the importance of this day.

#### DATE NIGHT KIT PICKUP AND DELIVERY DAY

Sunday, February 13, 2022

Just a reminder to those who purchased Kits: Pickup and Delivery begins from 10 am to 2 pm!

# BIG, BIG THANKS TO OUR AMAZING VOLUNTEERS

Thank you to our incredible team of volunteers. This year, we had 39 volunteers return to lend a hand when we needed them the most. From September to December, our volunteers have accounted for 2,604 hours of combined service! We are blessed to have them on board. From the Gift Shop to the hair salon, spiritual care and physiotherapy, our volunteers are everywhere trying their best to make your loved ones' day the best it can be.

Are you interested in volunteering? Contact Cindy at ext. 21167 to get the process started — we'd love to have you on our team.



## A NEW SPACE TO LOVE

*SJCCC is home to a completely renovated Woods Gift Shop!*

This past Christmas season was the perfect time to show the shop in all its beauty. Located beside the cafe and open daily from 9:00 am-1:00 pm, Woods Gift Shop has all you need including treats, cards of well-wishes and gifts of all kinds.

Proceeds raised from the Gift Shop help fund equipment needs for our residents and patients at SJCCC. Stop in and say hi to the girls!

**Please note:** Woods Gift Shop is temporarily closed until COVID-19 restrictions begin to lift at SJCCC.



## Community LOVE

We had a lovely Christmas season! A local group, Friends with Hearts Cornwall (FWHC), stepped in for the second year in a row and gave all 208 residents and patients a beautiful package to open on Christmas morning. Donations were provided by the generosity of community members. The girls at FWHC said they knew not everyone would be able to see their loved ones again this year and they loved that they were able to support the seniors in our community during these challenging times once again.

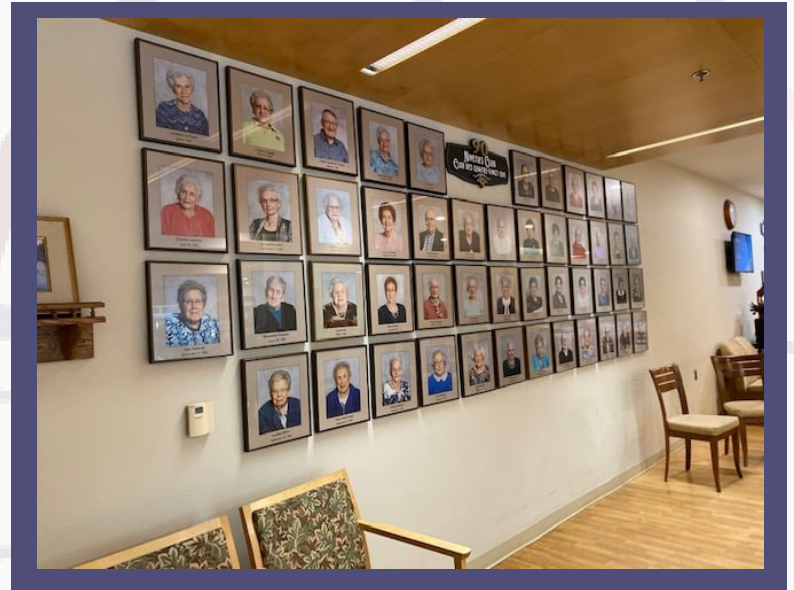


# The 90s/100 Club

After a short pause due to Covid-19 restrictions, our **90s/100 Club** wall was finally updated! On December 16, we welcomed 34 long-term care residents into the Club — 5 of whom were over 100 years of age.

The entire ceremony had to be revamped to accommodate gathering limits but we made it work. Next time you visit SJCCC, take a peek at the wall located in our Main Gathering Space on level 1.

Big thanks to everyone who helped make this day possible including our hairstylist Kelly, the Recreation Team and our Maintenance Crew!



## SJCCC: By the Numbers

As we know, Covid-19 has made many things challenging. Our Centre continues to do the best we can to be sure we are following guidelines as strictly as possible.

To give you an idea about the additional measures we've offered to combat Covid-19, **here are a few stats we compiled for 2021:**

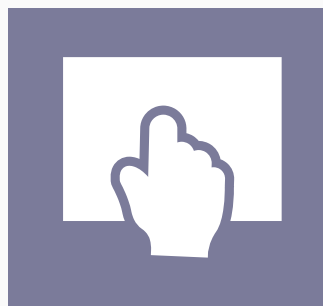
over 2,000



**VACCINES ADMINISTERED**

(staff, residents/patients and Designated Caregivers)

114,669 +



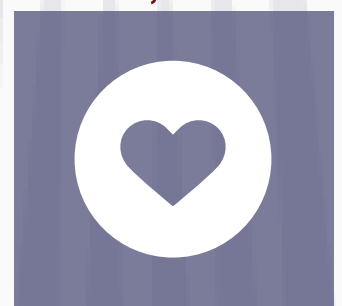
**SCREENINGS**

21,119 +



**ANTIGEN TESTS**

4,511 +



**FACILITATED  
FAMILY VISITS**

# The Religious Hospitallers of St. Joseph celebrate 125 Years in our community!

## THE ARRIVAL OF THE SISTERS

*On a cold February 9, 1897, the foundresses -- Mother Margaret Donnelly and Sisters Amabel McCarthy, Anne Hopkins, Janet Macdonell and Margaret Powers -- arrived from Kingston on the four o'clock train, accompanied by Bishop Alexander Macdonell. A delegation consisting of Messrs, O'Calaghan, McDougall, Broderick, McEniry, Keating and MacDonald was appointed by the citizens to meet the Sisters at the station. The new arrivals' first visit was to St. Colomban's Church, where they prayed for the success of their new foundation.*

*Since the Sisters did not have a place to live, they went to stay for their first four months with Katherine Purcell, sister of Janet Macdonell, on First and Marlborough Streets. It was Mrs. Purcell's credit that enabled the Sisters to buy the necessities for the new hospital. There was much work to be done to ready the hospital building for patients. The main building was 52 by 32 feet, the wing was 42 by 30 feet and the kitchen was 24 by 40 feet. The rooms were large and well ventilated.*

## DUTIES OF THE FIRST SISTERS

*Everything was done by the Sisters (administration, cooking, cleaning, laundry, nursing) for the sick, the elderly and, later, for the orphans. These duties were in addition to those they had in the Covent and to their religious life obligations. Fortunately, young women from Stormont and Glengarry began arriving as new members. In fact, there were 46 postulants in the first 25 years. Most of these young women remained at Hotel Dieu Cornwall, caring for the sick, the poor and the neediest.*

*The first patient, Charles Waters of St. Andrews, was admitted by his physician, Dr. Charles J. Hamilton, on June 14, 1897, and the first surgical operation was performed on July 6.*

## NEW HIRES

In 2021, we hired an incredible **148 new staff members** to help grow our team! To help recruit, we hosted our first-ever in-person job fair in December and it was successful.

You may not know this, but in 2021 the *Ministry of Long-Term Care* allocated additional funds so that we could expand bedside care hours per resident. We are so grateful to our team at SJCCC who give their all and provide the best care possible at our Centre.



## CELEBRATING MISSION WEEK

**FEBRUARY 6 - 12, 2022**

This week, we celebrate Mission Week at SJCCC. We thank our foundresses for the path they set for us that help us continue their efforts today.

### OUR VISION

*To be a Beacon of Hope on the journey to living your best life.*

### OUR VALUES

*Dignity  
Spirituality  
Innovation  
Accountability  
Advocacy  
Safety  
Hope*



### OUR MISSION

*In the spirit of the Religious Hospitallers of St. Joseph, we reveal God's love and mercy through compassionate care focussed on the body, mind and soul of all those whose lives we touch.*

## FUNDRAISING IN 2022

### UPDATES FROM THE RHSJ HEALTH CENTRE FUND

### LIGHTS OF HOPE CAMPAIGN

Our fundraising efforts continue for SJCCC! On December 1st, we kicked off a very successful Lights of Hope Campaign which raised over \$30,000 in support of therapeutic equipment. You may have noticed that this year we lit up York Street and our courtyards for the viewing pleasure of the residents and patients. The campaign officially came to an end on January 31st. We are so grateful to our community for supporting SJCCC and the Fund!



# DATE NIGHT KIT

Back by popular demand! The RHSJ Fund **Date Night Kit** is here to provide you with the ultimate stay-cation... just in time for Valentine's Day!

Officially launched online on Wednesday, January 19, 2022, there were 150 Kits up for grabs -- all of which sold out in one hour!!!

Included in the Kit are products from Schnitzels European Flavours, Pommier Jewellers, Bathintentions, Blooms, The Happy Popcorn Co., Fairy Sweet, Rurban Brewing and so much more.

Proceeds from the **Date Night Kit** help support therapeutic equipment needs for SJCCC's Rehabilitation programs.



## SJCCC'S VIRTUAL WARD

### Remote Care Monitoring (RCM) is a huge success for SJCCC!

When a patient rehabilitating in our Hotel Dieu Hospital completes their stay and meets the criteria for the program, they are onboarded into our virtual ward – at no cost – where they are monitored for 30 days post-discharge.



The program helps a patient stay on track with important health reminders, health teaching tips and access to a nurse for check-ins, as required. Community members who are at risk for falls have also been enrolled into RCM through the Community Paramedic Program, which helps keep people safe while at home. In 2021, the RCM program saw 194 patients — and that number continues growing.

For more information about RCM, visit [www.sjccc.ca](http://www.sjccc.ca).