

JUNE 2022

THE BEACON

A NEWSLETTER FOR FAMILIES AND FRIENDS OF SJCCC



CENTRE DE SOINS PROLONGÉS
ST. JOSEPH'S
CONTINUING CARE CENTRE

A MESSAGE FROM OUR EXECUTIVE DIRECTOR

June has finally arrived and with it comes a burst of sunshine and warmth to help us move forward to better days. Our courtyards and outside spaces received a fresh new look, enticing all of us to get out there and enjoy the fresh air.

Earlier this season, we celebrated the Sister Cobey Awards and honoured 7 recipients to commemorate the arrival of our Sisters, the RHSJ, 125 years ago. Even though the ceremony was held virtually, the stories describing these incredible individuals were touching and we all felt the compassion they sprinkle in their day-to-day interactions. We are blessed.

I would be remiss not to mention that these past few months have been challenging for most of us, but as always, our staff has gone beyond the call of duty to keep our residents and patients safe, happy, and content.

Our community and families remained patient and supportive while we navigated through ever-changing regulations, often leaving many perplexed about what is acceptable in a Long Term Care environment. As the spread of COVID-19 diminishes throughout the province, we will see restrictions be lifted in Long Term Care homes, allowing life to return to some normalcy.

Join me in remaining positive while keeping in mind that summer is just around the corner.

Gizanne Lafrance-Allaire

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BLAST FROM THE PAST 125 YEARS OF CARE



TIM HORTON'S COFFEE CART



At SJCCC, we are always looking to bring joy, fun and excitement to our residents and patients' lives.



In a combined effort between our Housekeeping and Recreation teams, we were able to introduce a "Tim's Cart" to make our News and Views program a little more exciting by bringing the coffee shop, onsite!

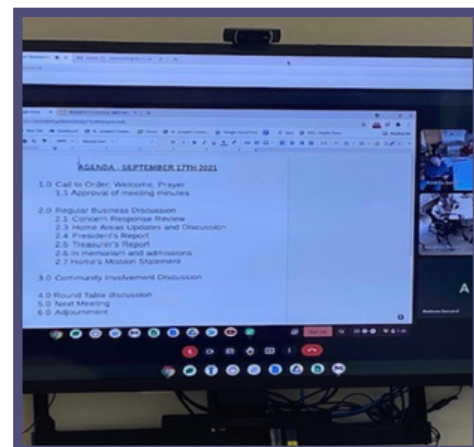
A big thanks to Housekeeper, Josée Watson, for her thoughtfulness and design work, creating this fun "Tim's" cart for our residents and patients to enjoy! And...it transforms into an ice cream social cart, as well!

THE VOICES OF OUR CENTRE

We are fortunate to have many platforms for advocacy and collaboration at SJCCC. The voices of those we work with and care for are foundational in providing the highest quality of care. With regular meetings, follow-ups and shared ideas, we are able to work together as a team to provide excellence, innovation, safety and holistic approaches to care.

The sharing of lived experiences allows us to work on continuous quality improvement in our Long Term Care, rehabilitation, palliative care and remote care services.

Even during the height of COVID, we didn't stop listening. We met virtually and continued to make sure that our entire SJCCC family were able to share their experiences, recommendations and thoughts. A special thank you to the voices of our Resident's Council, Family and Friends Council, Menu Planning Committee and Family Council. working in partnership to make SJCCC a Centre of Care Excellence.



MCNEIL HOUSE PAINT NIGHT **BUDDING ARTISTS**

What's more fun than a paint night?! This program comes to us from our McNeil House residents who love to be creative and share their artwork with the Centre. We have adopted a bi-monthly "paint night" with a theme based on the season to help our residents continue to explore their artistic side

These programs help engage the social, physical and emotional well-being of our residents and patients. By participating in meaningful and fun activities, we are able to share laughter, reminisce, showcase our talents and most importantly, have fun!

These step-by-step projects also allow for shared stories, they encourage residents/patients to work on their fine motor skills and incorporate the use of their senses. While music gently plays in the background and refreshments are passed around, we are able to discover so many important aspects of the artist.

A special thanks to Grandma Maureen
for donating her time and talents to make this wonderful program possible.

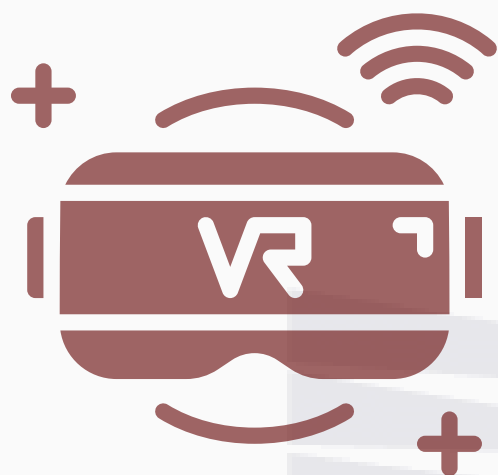


A LEGACY OF CARE

125 years ago, Hotel Dieu Hospital officially opened its doors on June 17, 1897, after the arrival of the first Sisters who spent five months renovating what would become the region's first hospital. During the first 25 years in the community, 46 young sisters would come through the doors and offer their services to the most vulnerable with a mission dedicated to caring for the sick, the poor and the neediest. Over the passage of time, the care that was once provided by the Sisters is now the honour of our team at SJCCC.

Each staff member, essential caregiver, volunteer and generous neighbour who takes the time to make an impact on our Centre, demonstrates the legacy of the Sisters every day. We are so blessed to be able to continue the Sister's mission in 2022 and look forward to the next 125 years in our community.

VIRTUAL REALITY: COMING SOON!



SJCCC is thrilled to announce that we have received funding under the Government of Canada's New Horizons for Seniors Program to offer Rendevar, a virtual reality program, for our residents in Long-Term Care.

This Federal grant and Contributions Program supports projects that are led or inspired by seniors who are making a difference in the lives of others in their communities. Funds will be used to help reduce social isolation using the power of virtual reality and shared experiences through customized reminiscence therapy tools. Residents will be able to relive past experiences by revisiting their childhood home, wedding location, or anywhere they choose.

It will offer an opportunity to "leave" the facility and engage in the world however they choose - whether that be travelling, swimming with dolphins or taking a walk by the beach. We look forward to integrating this program into our monthly Recreation calendar with group activities as well as one-on-one visits. Rendevar was created with seniors in mind, making this a wonderful way to explore, reinspire, connect and provide special moments for our residents, staff and family members to engage in.

Thank you to the Government of Canada's New Horizons for Seniors Program for the funding support provided to our Centre. It is sure to make a positive difference in the lives of seniors in our community.

June is Seniors' Month

We are so fortunate to be able to care for so many wonderful seniors at our Centre. This month, we ask that each and every one of us take a moment to reflect on the path our seniors have paved for our generation so that we are able to appreciate the fruits of their labour.

We are so blessed to be a part of their journey.



SJCCC'S VIRTUAL WARD

Remote Care Monitoring (RCM) GREAT NEWS

SJCCC's Remote Care Monitoring Program (RCM) has wrapped up its second successful year! This program uses technology to support "Hospital to Home" transitions for the frail and elderly. Patients discharged home from SJCCC's rehabilitation program are equipped with a "health kit", which includes an internet-connected tablet and Bluetooth health monitoring devices at no cost to the patient. Using this technology, a dedicated remote team of nurses monitors and communicates with patients once they return home, ensuring their transition is safe and successful. The Remote Care Team is focused on Medication Management, Nutrition, Falls Prevention and Services/Support in the home.

In 2021, SJCCC was approached to expand and partner with the Cornwall SDG Paramedics, to offer Remote Care Monitoring to a new set of patients. Our local community has been blessed with a Community Paramedicine program, which is part of the province's "Aging at Home" strategy, which aims to provide senior care to local residents in the comfort of their own homes. It allows paramedics to operate in expanded roles by assisting with public health, primary healthcare and preventive services across the community. SJCCC's partnership with the Community Paramedics uses Remote Care Technology to assist in this program - with a particular focus on Falls Prevention.

"Remote Care Monitoring has allowed us to reduce and better target our in-person visits with both the monitoring and linking of patients up with community supports, allowing us to add to our caseload", Trina Boisvenue, Cornwall SDG Community Paramedic.

RCM has been a great success in its first two years. On average, the RCM team is monitoring 40-50 patients at home on its "Virtual Ward" with an overall program growth of 147%, year over year.

The feedback from the community, with over 94% of patients, agree that the program "empowers them to be more active in managing their health".

The team at SJCCC is extremely proud of how our Remote Care Team is responding to the needs of our community and is excited for more growth and collaboration this coming year.

