

OCTOBER 2023

THE BEACON

A NEWSLETTER FOR FAMILIES AND FRIENDS OF SJCCC



A MESSAGE FROM OUR EXECUTIVE DIRECTOR

Summer has once again come and gone. It is time to embrace all the beauty of fall as the seasons change.

Our residents and patients had a great summer. We were able to once again gather and bring back some of the events that were greatly missed during the past three years. Pub hours resumed as well as outings to the beach, country drives, and even a few visits for ice cream.

Our construction project has been in full swing since May. I want to thank everyone for your ongoing patience and understanding. We look forward to the reopening of our main entrance and no longer having to use our temporary entrances – we appreciate your support these past few months.

Just a small reminder to visitors: As the colder months return, we continue to be mindful of flu season. We ask that if you are feeling unwell please reschedule visits with your loved ones. The wellness of our residents, patients, and staff is our top priority.

Enjoy the cooler weather and I wish each of you good health.

Gizanne Lafrance-Allaire

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STAY UP-TO-DATE ON WHAT'S HAPPENING AT SJCCC!



WWW.SJCCC.CA

Upcoming Events

THURSDAY, OCTOBER 26

Annual Trick or Treat
Halloween Parade

NOVEMBER 2023

Ahead of the Christmas season, we'll be collecting donations for Centre 105. Stop by our main lobby to see their list of needs.



DECEMBER 1, 2023

Lights of Hope is back for its 34th year!

Join us outside SJCCC at the main entrance on December 1st, as we light up the block and kick off the Season of Giving!



LIGHTS OF HOPE Campaign
Campagne LUMIÈRES D'ESPOIR
The Religious Hospitaliers of St. Joseph Health
Centre of Cornwall Fund

COMING SOON: *Volunteer Appreciation Day*

THANK YOU for the tireless efforts of all our volunteers!

Over the course of the pandemic, we had to pause our volunteer program and we really felt the impact, in a tough way. As programs and operations have returned to a new normal, our volunteers have returned, stronger than ever. Our spiritual care volunteers have resumed mass and communion multiple times a week.

Our long-term care physiotherapy program has porters helping daily to bring some of our 85+ residents to our gym, and our hair salon is fully supported. 40-hour students have been steadily lending a hand to one-on-one visits and recreation programs. We are thrilled to have the volunteers we do and can't thank them enough.

With the reopening of our Jeanne Mance Hall in November 2023, we look forward to celebrating our volunteers with a tribute lunch for all their efforts. Date to be announced.



GRANDPARENTS DAY

OUR RESIDENTS IN LONG-TERM CARE ENJOYED A 'GRANDPARENTS DAY SOCIAL' FILLED WITH GAMES, TREATS, AND LAUGHTER. MUSIC FILLED THE MAIN GATHERING SPACE AS DID OUR SWEET RESIDENTS. WE ARE SO FORTUNATE TO CELEBRATE OUR SENIORS, EACH AND EVERY DAY.

Our Foundation has a new fresh look -- check out its new operating name and logo!



ST. JOSEPH'S CARE
FOUNDATION
DE SOINS ST-JOSEPH



Our residents and patients are virtually biking across Canada to raise awareness about our Stronger Together campaign and to raise funds for new REHAB equipment! Their goal is to complete all 5,514 km as a group by the end of October as we track their distance each day!

What's even more incredible is they are looking to raise funds to purchase new Nustep bikes for the new rehabilitation space! Each bike costs \$7,500 – through community support, we are hopeful to help them reach the goal!

Donate today at www.sjccc.ca and click JOIN THE RIDE!

Visit their fundraising page at <https://shorturl.at/jDPQU>



Employee Service Awards

In August, we celebrated our Employee Service Awards for 42 incredible staff members who achieved a combined 610 years of service at SJCCC! Three of whom have been with the organization for over 40 years!

We wanted to show our appreciation by thanking each of them individually for their many years of service. We are so grateful to have such a great team and for all they do for our residents and patients. We are so blessed.

News from our RCM Program in *Hotel Dieu Hospital*

Great news! Our Remote Care Monitoring (RCM) program has received funding for a third year! You may not know this, but in order to run our RCM program, we need to apply for new funding each year. We are proud to be able to offer a service like this to our community.

When a patient leaves our rehabilitation program, they are enrolled in RCM and followed by a nurse for up to 30 days.

There is **no cost** for this program and SJCCC provides all the technology required to the patient once at home. The goal of this program is to help support the patient fully and reduce the need for unnecessary Emergency Department visits during a high period of uncertainty. The program also partners with Cornwall and SDG Paramedic Services and the Geriatric Emergency Management (GEM) nurses at Cornwall Community Hospital to provide extra support for our seniors. Since its inception, our RCM program has provided additional support for **893 patients**.

DECK THE HA HA HALLS

in support of SJCCC

Get ready for a fun night filled with laughs!

We are happy to announce that SJCCC has been selected as the charity of choice for the first-ever Deck the Ha Ha Halls presented by Toyota Cornwall at Aultsville Theatre in Cornwall ON on Saturday, December 9th! This event is sure to sell out.

Tickets on sale October 16th!

CLICK HERE TO PURCHASE YOURS:

tproontario.ticketpro.ca/en/pages/DecktheHaHaHalls



CONSTRUCTION UPDATE

Construction of our new rehabilitation space is full steam ahead. We look forward to seeing the transformation continue these next few months. We've been so fortunate to watch the transformative unfold!

The goal is to be in this space by early 2024. We can't wait!

Here are some photos of the past few months at SJCCC.



MAIN ENTRANCE: REOPENING SOON

Thank you to our staff, residents, patients, families and community partners who have been so understanding over the past few months. We look forward to the official reopening of our main entrance ahead of the winter months. We will keep you updated on our website and Facebook pages as the date is finalized – we are looking forward to its updated look and feel.

Residents' Council Week

Another successful Residents' Council Week took place the second week of September. Our Residents' Council is the voice of our residents. They are here to listen to their concerns and bring to light issues that affect their daily lives and look for solutions to better their days. We are pleased to introduce our 2023-2024 council members:

Scott, President, Audrey, Shirley, and Shelly are pictured here alongside Andrea Secord, SJCCC's Resident and Family Relations Advisor. Missing from the photo is Marie.

For more information or questions about our Residents' Council, please email asecord@sjccc.ca.



Call out for Candy Donations for Trick or Treat Parade

It's **BACK** and we are **thrilled!**

This is the year we resume our annual Trick-or-Treat Parade at SJCCC on Thursday, October 26. We look forward to having all the youngsters dressed in their Halloween best. What's even more exciting is our residents and patients have the opportunity to participate in handing out candy bags and joining in on the fun.

In order to make this night a success, we need your help. **We are looking for Halloween candy donations to help fill our treat bags.** Donations can be dropped off at the front office at any time before October 23rd. Our residents will be busy packing all the bags leading up to the day.

Please contact our Recreational Programmer Tara at tlepine@sjccc.ca for more information.



A SPECIAL THANKS TO...

KINSMEN CLUB OF CORNWALL

Our friends at the Kinsmen Club of Cornwall showed their generosity once again this year and donated \$15,000 towards a walking track for our rehabilitation program. These funds will be used so that the hallways of our Hotel Dieu Hospital are used to their maximum potential and create a track for patients to better track their daily distance while enrolled in the program. One lap around the track is the equivalent of ¼ of a full outdoor track.

What's even more exciting is that SJCCC will soon be selling Kinsmen Bingo Cards to staff, residents and patients while at our Centre. We are thrilled for this partnership!



DAIRY QUEEN GRILL AND CHILL

A special thank you to DQ Cornwall for their recent \$10,000 donation towards our Stronger Together campaign. Funds from this donation will help us provide this exceptional space to our Centre and allow for group programming to begin. We are grateful to DQ and their whole team for their ongoing support of SJCCC. We can always count on them when we need it the most. Our community is so fortunate to have them.



CORNWALL ROTARY CLUB SUNRISE

Cornwall Rotary Club Sunrise gave our Centre \$10,000 reasons to smile this summer! In support of our Stronger Together campaign, funds from this donation will help purchase new therapeutic rehabilitation equipment, including a new stair trainer.

