

# THE BEACON

A NEWSLETTER FOR FAMILIES AND FRIENDS OF SJCCC



## A MESSAGE FROM OUR EXECUTIVE DIRECTOR

*It's hard to believe the holiday season is already almost here – but we are looking forward to it!*

*With the latest regulations provided to us by the Ministry of Long-Term Care, masking for visitors and caregivers is strongly recommended at our Centre, once again. The winter months are always a challenging time in healthcare facilities and we must do all that we can to keep our residents, patients and staff as safe as possible.*

*And with that, we look to the holiday season to shine a light. At SJCCC, this is a very special time of year when we celebrate the beauty of the season. Soon, the halls will be filled with Christmas decor, festive music and seasonal reminders. We look forward to the small joys that each day brings and hope that the beauty of the season carries into the upcoming new year.*

*I wish each of you good health and happiness this Christmas and Holiday season.*

*Gizanne Lafrance-Allaire*

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WWW.SJCCC.CA

## KEEPING YOU IN THE KNOW Upcoming Events

### NOVEMBER 2023

Join us as we collect much-needed care items and non-perishable foods for **Centre 105**. Our display table is set in the main entrance of SJCCC and we'll be collecting it all month long.

### MONDAY, NOVEMBER 20

St. Joseph's Care Foundation Lights of Hope Campaign begins

### FRIDAY, DECEMBER 1

Lights of Hope Outdoor Event at 5:45pm

### FRIDAY, DECEMBER 1

Resident and patient gift collection begins

### FRIDAY, DECEMBER 8

Ecumenical Memorial Service

### SATURDAY, DECEMBER 9

Deck the Ha Ha Halls at Aultsville Hall

### YES, OF COURSE!

Christmas cards are being accepted once again this year throughout the months of November and December! Our residents and patients adore receiving these kind gestures.

# A message from our Foundation

*LIGHTS OF HOPE Campaign*  
*Campagne LUMIÈRES D'ESPOIR*

## *Holiday Wishes to our friends at SJCCC!*

Our Lights of Hope Campaign is back for its 34th year!

Our Foundation is pleased to share this joyous event once again with you as we support St. Joseph's Continuing Care Centre (SJCCC). As the holiday season approaches, we are reminded of how grateful we are for the generosity of donors like you. Thanks to your incredible support, we can continue to purchase new equipment and support programs at SJCCC when funding is limited.

### *A state-of-the-art rehabilitation space is on its way!*

This year, your gift will support a dream of SJCCC's that is finally coming true.

A first-of-its-kind in Cornwall, this space will feature all-new modern rehabilitation equipment, loads of natural light, and increased program options for rehabilitation. This will be a communal space for SJCCC to offer to residents, patients, and staff to strengthen and enhance their well-being.

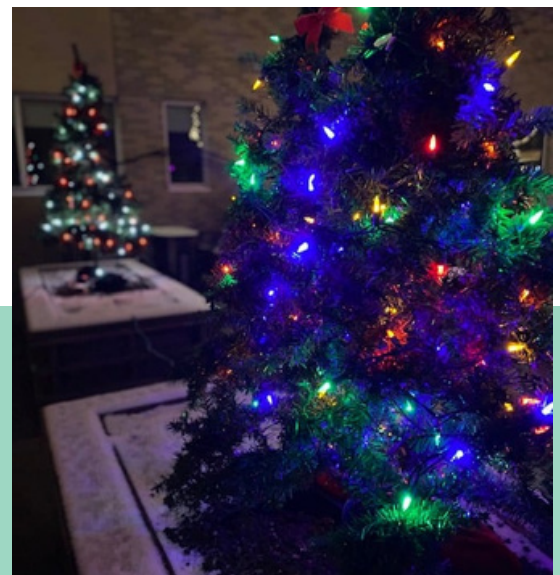
**It's an exciting time for SJCCC!** Patients enrolled in Hotel Dieu Hospital's rehabilitation program will finally be able to come together in a group setting, reduce feelings of social isolation, and share their rehabilitation journey, as one. The goal of the new rehabilitation space is to foster a sense of togetherness, encouraging patients to transform, inspire, and elevate their rehabilitation journey. The program itself will undergo internal transformation, encouraging patients to be responsible for their success with compassionate support along the way.

**Thanks to our friends at Lahaie & Sullivan and M. John Sullivan Funeral Home, your local Dignity Memorial family, you can double your donation until December 31st. With your help, we can make this season of giving one to remember.**

**We invite you to join us at the main entrance of SJCCC on Friday, December 1 at 5:45 pm, as we make York Street sparkle!**

*Josee Pilon*

St. Joseph's Care Foundation, President



## *Did you know?*

**Since 2020**, our Lights of Hope campaign has raised over **\$80,000!** Let's help make this 'Season of Giving' our best one yet!

**WWW.SJCCC.CA**  
**613-933-6040**



# DECK THE HA HA HALLS

## *in support of SJCCC*

Get ready for a fun night filled with laughs!

We are happy to announce that SJCCC has been selected as the charity of choice for the first-ever **Deck the Ha Ha Halls** presented by Toyota Cornwall at Aultsville Theatre in Cornwall ON on Saturday, December 9th at 8:00pm! This event is sure to sell out.

**50/50 cash prize!**

Tickets on sale!

Click here to purchase yours:

[tproontario.ticketpro.ca/en/pages/DecktheHaHaHalls](http://tproontario.ticketpro.ca/en/pages/DecktheHaHaHalls)



## *A Patient's Journey:*

### *Words of Gratitude*

We truly have the best patients that come through our doors!

After spending nearly two months in the rehabilitation program, practicing biking, balancing, and hopping on one leg, former patient 48-year-old Pete Seguin is in top shape ready to receive his new prosthetic leg.

"I can't say enough about the staff at SJCCC – the care I received far surpassed my expectations. The staff treated me like gold. From the PSWs to the nurses, to the therapy team and housekeeping staff, they all made it possible to look ahead to better days. Their new facility will be awesome, and I'm so happy for them."



# Just in time for Christmas!

THIS EVENT WAS SO SUCCESSFUL THE LAST TWO YEARS THANKS TO OUR GENEROUS COMMUNITY, WE DECIDED TO DO IT AGAIN THIS YEAR.

This **HOLIDAY SEASON**, we'll be collecting small gifts for our residents and patients at SJCCC.

We've put together this **WISHLIST** of new items that would go a long way to enhance the lives of those at our Centre.

Items can be dropped off in our *drop bin* at the main entrance. Our staff will take care of the rest!

Our SJCCC elves will be wrapping and packaging your gifts and delivering them just in time for Christmas morning. This way, everyone will have a little something to open.

**Help us reach our goal of 208!**



## WISHLIST

CRAFT SUPPLIES  
LAP BLANKETS  
2024 CALENDARS  
SOCKS  
FIDGET BLANKETS  
HARD SOLE SLIPPERS  
BOOKS

ACTIVITY BOOKS  
PUZZLES  
BOARDGAMES  
PJS  
HATS & GLOVES  
HOUSECOATS  
COLOURING BOOKS  
PENCIL CRAYONS



# What's up at SJCCC?

## THIS MONTH, YOU CAN HELP COLLECT DONATIONS FOR CENTRE 105.

**Centre 105** is a drop-in day program. They offer a hot breakfast, a hot drink, as well as a safe space to socialize. Centre 105 began in 2017 and continues to serve the most vulnerable individuals in our community.

**Services they offer:** Breakfast, coffee, tea, and access to a washer and dryer. Pastoral Counselling. Legal Aid Advice & Information. Public Health Nurse. Literacy Skills. Activity and Games. Referrals to other agencies. Safe space.

**Centre 105 is looking for the following donations:** *Non-perishable snacks, new socks and underwear (men and women), laundry soap, toiletries, cans of coffee and hot chocolate, tea bags, and gently used winter coats.*



## STAFF HUB SUCCESS

SJCCC's Staff Hub has been a huge success!

Based on the concept of 'micro-markets', SJCCC implemented a space for staff to refuel and recharge during their shift. Since embarking on this venture, we have averaged more than 1,500 purchases per month – we are thrilled! The Hub is located on our first floor right next to our Cafe.

## SJCCC'S 50/50 LOTTERY

### Coming soon: Stay tuned!

In the new year, SJCCC will be switching its 50/50 lottery to an online format through Rafflebox so purchases can be made from the comfort of your own home! You'll be able to purchase as many tickets as you'd like, all in support of the needs at our Centre.

Staff still have the option to do payroll deductions to make it as easy as 1-2-3!

*The more that play, the bigger the jackpot!*



# FRONT ENTRANCE REOPENER

The front of SJCCC has officially reopened! After 6 months of being closed due to construction, we thank everyone who was involved in helping put the space back together. We celebrated that morning with Tim Horton's treats and thanks to all staff for their patience over the summer months.

The main entrance now has a new ceiling and fresh paint to greet us as we enter SJCCC. We are looking forward to the grand opening of the new rehabilitation space in the next few months.



## Tired of wrapping gifts?

**Drop your gifts off at the Mantle Activity Room, labeled and the residents will take care of the rest!**

**EVERY THURSDAY  
NOVEMBER 15TH - DECEMBER 21ST**





# SPECIAL THANKS TO...

## Walker Climate Care

A special thank you to Walker ClimateCare for their ongoing support of our wonderful community. We were so fortunate to be a recipient of the We Care Gives Back program with an incredible \$2136 donation in support of rehabilitation programs at SJCCC.

To learn more about Walker ClimateCare's WeCare Gives Back program, visit:  
<https://www.walkerclimatecare.ca/wecare-gives-back/>



## Kinsmen TV Bingo Cards

It's true!

SJCCC is now selling Kinsmen TV Bingo Cards in support of our friends at Kinsmen Club of Cornwall. If you are interested in purchasing a card to play along, please connect with our Community Engagement Officer, Christie at ext. 21186 or by email at [chollingsworth@sjccc.ca](mailto:chollingsworth@sjccc.ca).

## The Ride for Rehab

Our first-ever Ride for Rehab is officially over! Thanks to everyone who participated and/or donated to help our residents and patients on their journey across Canada!

Thanks to your support, our residents, patients, and participants logged 10,001.81km as a group and fundraised an incredible \$9,725! We look forward to next year.

Pictured here are the winners of the team challenge, the CCC Therapy Team.

