

LIGHTS OF HOPE Campaign

Campagne LUMIÈRES D'ESPOIR

Season's Greetings from our home to yours.

Our Lights of Hope Campaign is back for its 35th year!

St. Joseph's Care Foundation is pleased to share this magical event again with you as we support St. Joseph's Continuing Care Centre (SJCCC). We are fortunate to have SJCCC so close to home to provide long-term care, rehabilitation services, and palliative care to hundreds of local families, each year. As the holiday season approaches, we are reminded how grateful we are for the generosity of donors like you. Thanks to your incredible support, we can continue to purchase new equipment and support programs for the benefit of the residents and patients.

In 2023, we began our fundraising journey to bring a new physical therapy space and program to SJCCC. Thanks to your generosity, we were able to transform the therapy spaces in St. Joseph's Villa and Hotel Dieu Hospital and open the doors to a new 2,400-square-foot rehabilitation room in June 2024.

This year, you can help provide warmth and comfort during the most challenging times.



Car Transfer Simulator

Getting in and out of a vehicle is something many individuals take for granted. After a person loses functional mobility due to illness, injury, surgery, amputation, joint replacement, or other conditions, it is an activity that needs to be practiced and re-learned. Patients need to gain confidence in their ability to get in and out of a car while learning to also safely position themselves during transfer so they protect any surgical wounds they may have.

Designed to provide a safe and convenient alternative to parking lot car transfer training sessions, the simulator allows residents and patients to learn and practice car transfer skills in the year-round comfort and safety of an indoor setting. **Estimated cost: \$26,000**

Comfort Beds for Rest and Recovery

When we are unwell, rest is very important.

Although they may seem like a small addition, new beds have a substantial impact on the quality of care we can provide. Modern beds are designed with advanced features that offer comfort and safety for residents and patients, including pressure redistributing properties for wounds, a higher weight capacity to meet different body weights, and a more sensitive bed alarm system for individuals who are at a higher risk for falls.

Each bed costs approximately \$7,000. Your support will allow us to purchase additional beds that directly improve care, comfort, and recovery for those who call SJCCC home.



Fostering Social Connections

It can be challenging to find activities to do together that are cognitively, emotionally, and physically engaging. The need to form social bonds and connections is more important than ever. With your support, we can help fill the quiet time for our residents and patients, encourage opportunities for socialization with others, and provide visitors with the tools they need to fill precious time together. Items include sensory art, an indoor gardening centre, education and learning opportunities, and sporting groups.



Your support means more than you know and is greatly appreciated by the residents, patients, families, and staff at SJCCC. With your help, we can make this 'Season of Giving' one to remember. Make sure to stop by the Centre this holiday season and see York Street sparkle!

Warmest wishes,

Josee Pilon

St. Joseph's Care Foundation, President

Save time and donate online. Visit www.sjccc.ca and click "Make a Donation".