

# THE BEACON

SRPING 2025

A NEWSLETTER FOR FAMILIES AND FRIENDS OF SJCCC



## A MESSAGE FROM OUR EXECUTIVE DIRECTOR

The cold days of winter are now behind us, and we are excited to welcome the warmth of a new season.

Spring is always a wonderful time at SJCCC. As our gardens and flowerbeds begin to bloom, we are reminded how blessed we are to see the beauty of the environment that surrounds us.

Over the winter months, our residents and patients were able to spend a lot of their time socializing with friends and family. Each month, we had LIVE entertainment to bring joy to those who call SJCCC home, as well as a special weekly art class with our resident, Linda. BINGO, as always, remains a weekly favourite pastime as well as the occasional Euchre tournament.

As we move into spring, our patios and courtyards are getting ready for loved ones to enjoy once again. Before we know it, we will be outdoors as much as we can, embracing all the benefits that nature and sunshine bring.

Wishing you good health and happiness,

*Gizanne Lafrance*

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[WWW.SJCCC.CA](http://WWW.SJCCC.CA)

## KEEPING YOU IN THE KNOW

### Upcoming Events

**APRIL 27 - MAY 3**

Volunteer Appreciation Week

**MAY 2025**

Physiotherapy Month

**MAY 1**

Physicians' Day

**MAY 2**

SJCCC Memorial Service

**MAY 6**

Sister Cobey Awards

**MAY 9**

Mother's Day Social

**MAY 12 - 18**

Nursing Week

**MAY 13**

Physiotherapy Assistants Day

**MAY 19**

PSW Day

**MAY 27**

90s/100s Club Celebration Day

**JUNE 2025**

Seniors Month

**JUNE 13**

Father's Day BBQ

# A SPECIAL GIFT FROM *Cornwall Comfort Quilts*

Our Centre received a very special gift from the membership of  
Cornwall Comfort Quilts.

Thanks to their generosity, we were able to replace our well-loved honour guard quilt, and palliative care "Cloth of Peace". When a person is receiving palliative care, the "Cloth of Peace" hangs on the exterior of their room and has sentimental meaning to our staff.

The dove that is featured on both items represents peace, hope, and the soul's journey to a peaceful afterlife. Many, many, many hours went into this beautiful donation and we feel blessed to have received this gift. Pictured here are Cornwall Comfort Quilt members Francoise Crosby and Kathryn Weaver.





# A FAVOURITE TRADITION: THE FEAST OF ST. JOSEPH'S

*March was a month full of celebration at St. Joseph's Continuing Care Centre (SJCCC). Many of our staff, residents, and patients observe Ramadan, and we began our month-long staff education for Nutrition Month.*

*This year, March also kicked off of the Lenten season. On March 19, SJCCC celebrated the Feast of St. Joseph, an important day in the calendar that holds special meaning for our Centre. This day invites us to reflect on the virtues of St. Joseph, the Patron Saint of Workers and Families and embodies the values of hard work, humility, and service.*

*The Feast of St. Joseph is a time for us to come together to honour and renew our commitment to helping others. To help celebrate, SJCCC hosts a staff breakfast and features a table decorated with vibrant colours and symbols of the season. This display is adorned with flowers, food, and images that represent St. Joseph's life, reminding us of his devotion to family and his unwavering faith. As always, we encourage everyone to reflect on this festive day with acts of kindness, care for others, reflection, and joy.*

*Rich, sweet treats, often served as part of the celebration, are shared throughout the day and evening with our staff, residents, and patients. These delicious pastries represent the abundance of blessings and the spirit of hospitality that is at the heart of St. Joseph's Feast. This year, the Feast is not only a celebration of the Saint's life but also an opportunity for us to reach out to those in need. It is a wonderful chance to gather with our family or friends, share a meal, and offer support to our community in a meaningful way.*

*Tying in beautifully with the Feast of St. Joseph and the celebration of community, SJCCC has organised its annual food drive in support of The Agape Centre's Operation Backpack. As always, we encouraged the donation of non-perishable food, breakfast foods and snack items to help youth in need.*

*Thank you for helping us celebrate the season that bonds us with our values and those closest to us. As always, we are inspired to work with compassion, honour those in our lives, and give back to those who are less fortunate.*



# PORTRAIT DAY

On March 24, 10 special residents in long-term care had their photo taken to be added to our beloved 90s wall. This is a long-standing tradition at SJCCC that we look forward to each year.

Our wall was recently updated with a fresh coat of paint and a little reorganization – it looks fantastic! We are looking forward to unveiling the new portraits at the 90s and 100s Club Celebration on May 27th.



## WE NEED YOU!

SJCCC is always looking for new volunteers to join our team! Our group of dedicated volunteers ensures that our residents and patients are fully supported by complementing the services provided by staff.

Volunteers play a key role in helping us remind residents and patients that they are part of a larger community that cares. Whether you are interested in personal growth, new friendships, or completing volunteer hours for school, SJCCC might be right for you.

## CURRENT NEEDS

Spiritual Care Support, Recreation Support, Friendly Visits, and Strolls!

For more information, contact [volunteer@sjccc.ca](mailto:volunteer@sjccc.ca)





A MESSAGE FROM ST.  
JOSEPH'S CARE FOUNDATION

# SAVE THE DATE

## Saturday, August 9, 2025

**Cornwall Waterfest** Dragon Boat Races has teamed up with St. Joseph's Care Foundation to host this signature summer event.

**Join us on Saturday, August 9th on the Cornwall Canal for a day of fun!** Team registration is now open. Event sponsorship opportunities are available! Are you looking to support? Contact our Foundation Team at [donations@sjccc.ca](mailto:donations@sjccc.ca)



ST. JOSEPH'S CARE  
**FOUNDATION**



We are looking for volunteers to help set up the evening of August 8th and support the day of August 9th!

Lots of opportunities available, no experience required. This is a great opportunity for students looking to complete their 40 hours!

Contact Christie at 613-933-6040 ext 21186 or [chollingsworth@sjccc.ca](mailto:chollingsworth@sjccc.ca)

# Volunteers needed

**WWW.SJCCC.CA**  
**613-933-6040**

# What's up at SJCCC?

## A day away...

The season has arrived! Our residents in long-term care were excited for their bus trip to the Sand Road Sugarbush! Highlights from the day included a delicious meal, a visit with the horses, maple syrup, and the beautiful sunshine. Special thanks to our Recreation team for facilitating this outing. It was a perfect day! Here are some snaps from their experience:



## A fresh new look!

It's true! We gave our main foyer a much-needed makeover! Now, our main foyer boasts two seating areas for families, visitors, residents, and patients to enjoy while meeting with their loved ones. We moved our piano to the space and encourage anyone who can play us a tune to use it as much as they'd like.

But, not to worry...our beautiful round table is now in the main gathering space and our beloved hutch is on display in Jeanne Mance Hall.

**Did you know?** This hutch belonged to the father of Janet McDonnell and has been part of our Centre for many years. A little bit of history...

Sister Janet McDonnell's father owned the land where Cornwall's original Hotel Dieu Hospital used to stand (currently Cornwall Community Hospital). Upon his death, he gifted the land to Sister McDonnell and the Religious Hospitallers of St. Joseph's to construct a hospital for the community. What an incredible gesture!





# What's up at SJCCC?

## 80 Years Young

In February, Father Dumoulin celebrated with friends and family a milestone day! He is now 80 years young! We are blessed to have Father Dumoulin as a member of our Centre. We are grateful for all he does for his residents and patients each day. His kindness and compassion resonate across the Centre.



## Rehabilitation Update

Great news! Our Recreation program in rehabilitation has undergone some big changes. With an improved look to the space, our patients in Hotel Dieu Hospital will spend part of their day engaging in a new recreation activities. Located on the second floor of Hotel Dieu Hospital, patients will participate in activities that include, gardening, tablet training, puzzles, virtual reality programs, baking, and so much more. We look forward to embracing the change!



## Mass Schedule

We offer Mass Tuesday, Thursday, and Sunday mornings. Our Spiritual Care volunteers are second to none and have continued this service for all to enjoy. Families are encouraged to bring their loved ones down to join in and participate. If you are looking to become a Spiritual Care volunteer, please contact Christie at [chollingsworth@sjccc.ca](mailto:chollingsworth@sjccc.ca).



# REMOTE CARE MONITORING (RCM)

## MEET SYLVIE, REGISTERED NURSE

Please join us in welcoming our newest RCM nurse!

Sylvie came on board in December 2024 as a Francophone nurse, expanding our ability to serve the Francophone population and to work with the Ontario Health Team (OHT) to pilot a project to bring health equity in Remote Care Monitoring (RCM) to Francophones in Ontario. Sylvie brings with her 25 years of nursing in the areas of Long-Term Care, Operating Room, Palliation, and Mental Health to our RCM program. Sylvie has quickly become an integral part of the RCM team with her caring nature, team-oriented perspective, and excellent bedside manner. We are grateful to have Sylvie on our team!



## RCM Referrals

SJCCC: 66

CORNWALL PARAMEDIC PROGRAM: 19

CENTRE DE SANTE COMMUNAUTAIRE DE L'ESTRIE: 8

OTHER COMMUNITY SOURCES: 8

*-patients enrolled January 1 - March 31, 2025-*



Primary Language

**77% ENGLISH**

**23% FRENCH**

## PATIENT TESTIMONIAL

*"Thanks to the staff at St. Joe's. Everything was so good, and it was so well organized. From the staff who came to wash us up in the morning and have the beds made before breakfast to the gym schedule, it all moved so well. I was amazed at how good it all was."*

**EVELYN S, MARCH 2025**