

THE BEACON

A NEWSLETTER FOR FAMILIES AND FRIENDS OF SJCCC

SUMMER 2025



A MESSAGE FROM OUR EXECUTIVE DIRECTOR

Summer wishes to each of you!

What a beautiful season we're enjoying here in Cornwall! The sunshine and fresh summer breeze have brought a renewed sense of energy to our Centre. Whether it's laughter shared in our gardens, joyful music during afternoon programs, or the simple comfort of visiting with loved ones, St. Joseph's Continuing Care Centre is truly buzzing with life.

Our teams have been working hard to ensure residents and patients are not only well cared for but also deeply engaged and connected. From outings to barbecues to spiritual care, it's heartwarming to see so many moments of joy and togetherness.

Thank you to all our families, volunteers, friends, and staff for making this season extra special. Here's to more sunshine, shared smiles, and meaningful connections.

Wishing you good health and happiness.

Gizanne Lafrance

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STAY UP-TO-DATE ON WHAT'S HAPPENING AT SJCCC!



WWW.SJCCC.CA

KEEPING YOU IN THE KNOW

Upcoming Events

SEPTEMBER

World Alzheimer's Month

SEPTEMBER 5

Grandparents Day Tea

SEPTEMBER 14-20

EVS and Housekeepers
Appreciation Week

SEPTEMBER 15

Rehab Day

SEPTEMBER 15-21

Residents' Council Week

SEPTEMBER 18

Ball Drop Raffle

SEPTEMBER 25

Franco-Ontarian Day

SEPTEMBER 30

National Day of Truth and
Reconciliation

OCTOBER

Occupational Therapy Month

OCTOBER 5-11

Healthcare Foodservice
Workers Week

OCTOBER 28

Trick or Treat Children's Parade

A SUMMER FULL OF SMILES

This summer has been filled with laughter, sunshine, and special moments for residents and patients at St. Joseph's Continuing Care Centre. From courtyard games and live music to scenic outings and festive barbecues, each activity brought joy, connection, and a sense of community.

Our recreation and care teams worked together to create opportunities for everyone to enjoy the season, whether soaking up the warm weather outdoors or participating in creative activities indoors. The result? Smiling faces, shared memories, and plenty of moments worth capturing.

Here are a few highlights from our summer together...



A GIFT OF COMFORT FOR LIFE'S FINAL JOURNEY



St. Joseph's Continuing Care Centre is honoured to receive a beautiful quilt generously donated by the members of Cornwall Comfort Quilts and the St. Andrews Catholic Women's League.

Created with exceptional craftsmanship and adorned with delicately embroidered doves, this quilt is more than fabric and thread – it is a symbol of peace, dignity, and compassion. It will be used in our end-of-life care program, offering warmth and comfort to residents as they make their final journey, surrounded by love and respect.

We extend our heartfelt thanks to the quilters for their time, skill, and generosity. Your artistry will bring comfort not only to those in their final moments but also to the families who will remember the care and dignity shown to their loved one.

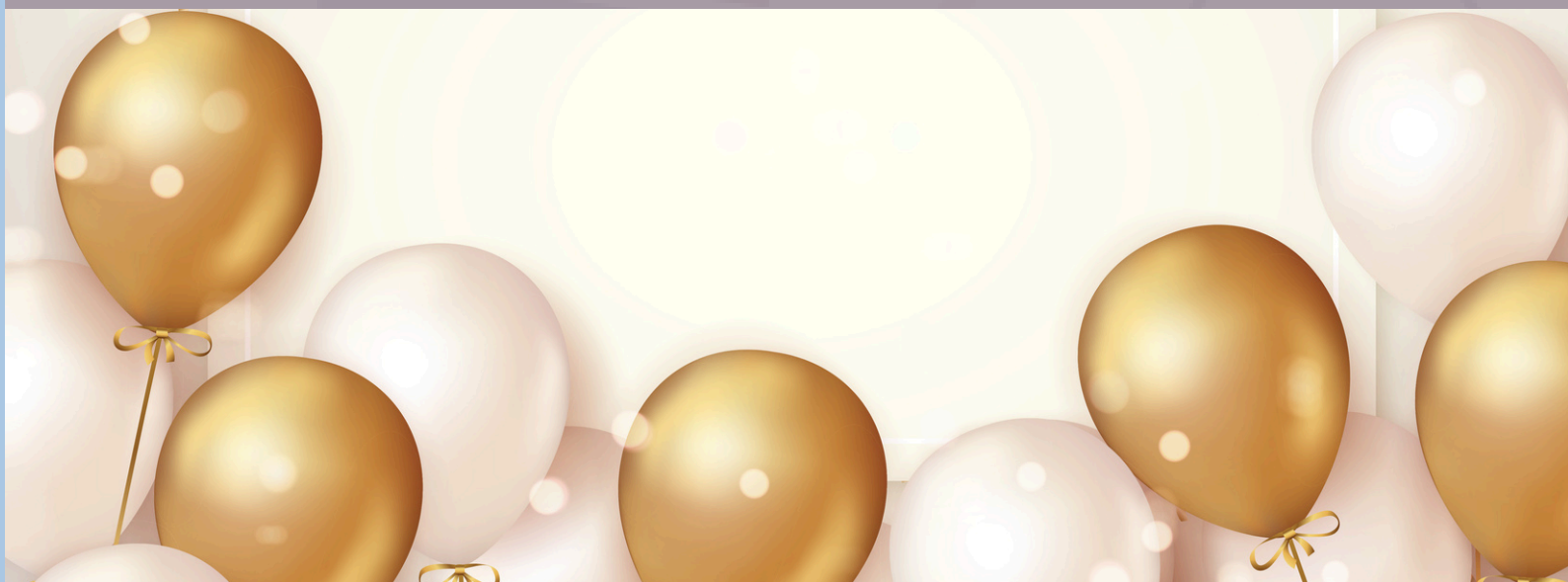
This act of kindness reflects the heart of our community – caring for one another, even in life's most tender moments.

Employee Service Awards

September 17, 2025

SJCCC is hosting the annual Employee Service Awards on Wednesday, September 17. Once again, Service Award recipients and retirees will be treated to an intimate evening with a complimentary 3-course meal at the Best Western Parkway Inn, along with a token of our appreciation.

This event is open to friends, families, and colleagues!
Tickets can be purchased at the main reception desk for \$45 each.
We hope to see you there!



🎉 GRANDPARENTS DAY SOCIAL 🎉

JOIN US FOR AN AFTERNOON OF FUN AND CELEBRATION
ON FRIDAY, SEPTEMBER 5TH!

- ✨ FAMILIES ARE WARMLY WELCOME
- ✨ SHARE SPECIAL MOMENTS WITH LOVED ONES
- ✨ CELEBRATE THE JOY OF GRANDPARENTS EVERYWHERE

📍 JEANNE MANCE HALL

🕒 2:00 PM – 3:00 PM

WE NEED YOU!

SJCCC is currently recruiting 40-hour students to help out on the weekends with our Recreation teams. Duties include portering, 1-on-1 visits, event support, and nourishment help for breakfast and lunch.

For more information, contact volunteer@sjccc.ca



A MESSAGE FROM ST. JOSEPH'S CARE FOUNDATION



Thank you to all our generous donors and community partners for helping us enhance care at St. Joseph's Continuing Care Centre. Your support funds programs, equipment, and comfort items that go beyond basic healthcare funding, making every day brighter for the residents and patients.

Our mission is to support SJCCC in delivering compassionate, high-quality, and person-centred care. Whether it's a cozy quilt, specialized medical equipment, or life-enriching activities, your gifts directly improve quality of life.

Ways to Give:

- One-time or monthly donations
- Tribute gifts to honour a loved one
- Planned giving through wills, securities, or insurance
- Supporting our fundraising events

Together, we are building a stronger, more compassionate community, one gift at a time.

CURRENT FUNDRAISING PRIORITIES



EKG EQUIPMENT

\$7,000

Records the heart's electrical activity, helping healthcare staff detect heart problems and monitor heart health.



WOUND VAC DEVICE

\$23,000

Gently uses suction to remove fluid and help draw the edges of a wound together, which speeds healing and reduces infection risk.



CONVECTION OVENS

\$10,000

Perfect for preparing large batches in a main kitchen – perfect for SJCCC and its 208 residents and patients.

Please contact Christie at chollingsworth@sjccc.ca or 613-933-6040 ext. 21186. She will work with you to determine what works best to suit your needs and where you can make a lasting impact at SJCCC.

As always, we continue to accept donations online at www.sjccc.ca through Canada Helps and by mail with cheque or cash at 14 York Street.

A MESSAGE FROM ST. JOSEPH'S CARE FOUNDATION

TICKETS ON SALE NOW

We are dropping 1,000 coloured ping pong balls from 30 + feet up high!

The ball closest to the middle of the target wins \$2,500 in cash! But we need your help to sell as many balls as possible. Proceeds will help purchase nursing equipment for SJCCC residents and patients, improving care and reducing ER visits.

Balls are \$20 each. Every ball represents 1 ticket.

Drop Date: Thursday, September 18, at 2:00 pm

Tickets are available at SJCCC's reception desk or by emailing donations@sjccc.ca

PRESENTED BY
Nurse Next Door®
home care services

BIG BALL DROP

SUPPORTING URGENT EQUIPMENT AT ST. JOSEPH'S CONTINUING CARE CENTRE
ONLY 1,000 BALLS AVAILABLE FOR PURCHASE

\$2,500

CASH PRIZE

\$20
PER BALL

DROP DATE:
September 18, 2025
2:00 pm
SJCCC Front Parking Lot*

Sponsored by
SUNBELT
LICENCE: M872992

ST. JOSEPH'S CARE FOUNDATION



SAVE THE DATE: November 30, 2025

Resident and Family Wine and Cheese RETURNS!

SJCCC is thrilled to announce the return of the Resident, Patient, and Family Wine and Cheese Event to kick off the holiday season! This celebration has been the most memorable event in SJCCC's history, and we look forward to celebrating. This will be an afternoon event, complete with delicious bites, a silent auction, raffles, and the kick-off of Lights of Hope, our Foundation's largest seasonal fundraiser of the year. Mark your calendars!

We are currently seeking SPONSORSHIP for our Lights of Hope event. Please get in touch with Christie at chollingsworth@sjccc.ca for more information.

Cornwall WaterFest: Successful day on the canal

This year, SJCCC was once again the charity of choice for the 13th annual Dragon Boat Races on the canal. The event took place on August 9, 2025, on a very hot and sunny day!

The event featured Food trucks, vendors, a live DJ, races, and so much more.

Our Foundation team raised an amazing \$6,000 towards urgent equipment needs – we are thrilled. This event is a signature favourite in the Cornwall community, and we were proud to be part of it once again.



What's up at SJCCC?



WEDNESDAY, SEPTEMBER 10

11am - 3pm

Cash, credit, and debit payment accepted.

MENU

2 Hot Dogs - \$5.50 / Trio \$12.50

Hamburger - \$7.75 / Trio \$13.75

Cheeseburger - \$8.75 / Trio \$14.75

Bacon Cheeseburger - \$9.50 / Trio \$16.50

Danny Burger - \$10.25 / Trio \$16.50

(Double Patty Burger, Double Cheese, BBQ Sauce, Onions, Lettuce, Tomatoes)

All trios include a fry and a drink

Upgrade to a poutine for \$4.00

Fry - \$6.00

Poutine - \$9.75

Pop/Water - \$2.25

What's up at SJCCC?

Wear your Colours with Purpose this September!

This September, let's come together as a community of staff, residents, patients, and families to show our support and solidarity through the power of colour. Mark your calendars and join us in raising awareness and honouring important causes:

■ September 19 – Wear Blue for \$2

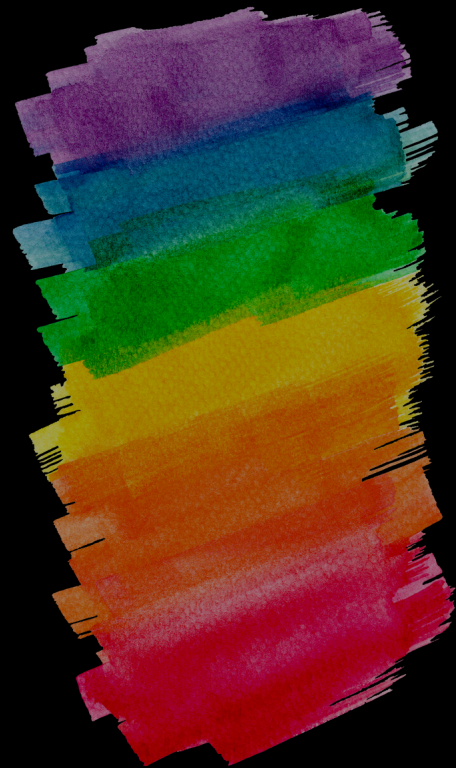
In recognition of Alzheimer's Awareness, wear blue to show support for individuals and families affected by Alzheimer's disease. A donation of all funds collected will be donated to the Alzheimer's Society of Cornwall.

■● September 25 – Wear Green & White

Celebrate Franco-Ontarian Day by wearing green and white to honour the rich culture and heritage of Franco-Ontarians.

■ September 30 – Wear Orange

On Orange Shirt Day for Truth and Reconciliation Day, wear orange to honour survivors of residential schools and to commit to ongoing reconciliation.



Trick-or-Treat Children's Parade

Get ready for a spook-tacular night of fun! Join us on **October 28** for our annual Trick-or-Treat Parade. Families and staff are invited to bring their little ghouls, goblins, and superheroes all dressed up in costume for an evening of treats and smiles. Our LTC residents will be waiting with candy to share with all the youngsters—it's a heartwarming tradition you won't want to miss!

🎃 Candy Donations Needed 🎃

Help us make this night extra sweet! If you'd like to donate a box or bag of goodies, we'll add it to our collection for the kids. Every little bit helps! All candy can be dropped off to our Recreation Team members!

REMOTE CARE MONITORING (RCM)

...by the numbers

Guided by the Geriatric Rehabilitation Pathway, SJCCC's Remote Care Monitoring (RCM) Program supports a smooth transition from hospital to home for frail older adults. This 30–60 day program is offered in both official languages and is tailored for patients experiencing changes in their health or medications, or recovering from illness, injury, surgery, or hospitalization.

Whether referred from hospital or community, patients receive personalized, goal-oriented care plans aligned with the Registered Nurses' Association of Ontario (RNAO) Best Practice Guidelines for Care Transitions. For eligible patients, the RCM Program provides support through daily questions and monitoring of vital signs and regular virtual check-ins by a dedicated nurse, helping to reduce unnecessary hospital visits, enhance patient safety, and support recovery at home.

Q1: April 1, 2025 - June 30, 2025

Average Length of Stay

30 days



Patients Served

100



Primary Language

English 77
French 23



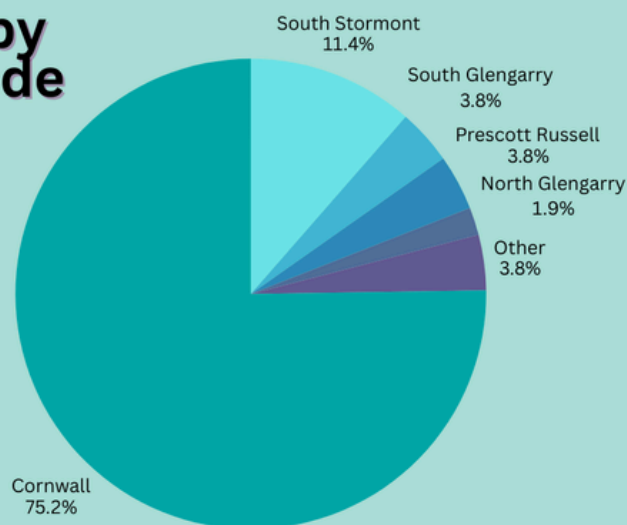
Unattached Patients

9



Patients matched with a Primary Care Physician

Patients by Postal Code



FLS Highlights



- ★ Year 2 of the program
- ★ Targeting patients province-wide
- ★ Focus on creating new relationships with French-designated Community Health Centres and the community
- ★ Increased monitoring and clinical capacity
- ★ Annual patient target: 180

Patient Experience



of patients agreed or strongly agreed they would recommend our RCM program to a friend or family member.

Now Accepting Referrals



WWW.SJCCC.CA
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613-933-6040