

THE BEACON

A NEWSLETTER FOR FAMILIES AND FRIENDS OF SJCCC

MARCH 2026



A MESSAGE FROM OUR EXECUTIVE DIRECTOR

Here at the St. Joseph's Continuing Care Centre (SJCCC), I am constantly inspired by a deep sense of gratitude for the acts of compassion, dedication, and solidarity that exist within our community. We are privileged to work in an environment where humanity, mutual support, and kindness are at the heart of everything we do. This is even more evident when we are surrounded by the sunshine, warmth, and beautiful weather of spring!

During the winter months, our residents and patients were able to spend a great deal of time socializing with their friends and family. Each month, we offered activities such as a day of bowling, a bus tour to see the night lights, participation in the "Monday Movement" exercise classes, a Groundhog Day party, St. Valentine's festivities, and much more.

As spring approaches, our patios and courtyards are getting ready to welcome loved ones and visitors once again. Before we know it, we will be spending as much time outdoors as possible, enjoying all the benefits that nature and sunshine bring.

Wishing you good health and happiness,

Gizanne Lafrance

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STAY UP-TO-DATE ON WHAT'S HAPPENING AT SJCCC!



WWW.SJCCC.CA

KEEPING YOU IN THE KNOW

Upcoming Events

MARCH 19

Staff Breakfast
Feast of St. Joseph's

MARCH 20

Francophonie Day

MARCH 23

90s/100s Club Portrait Day

MARCH 31

SJCCC Employee Service Awards

APRIL 2

Last Day of Agape
Food Drive

APRIL 3

Way of the Cross

APRIL 5

Easter Mass

APRIL 21

Volunteer Appreciation Lunch

APRIL 28

Sister Cobey Awards

MAY 1

Spring Memorial Service

MAY 26

90s/100s Club Celebration

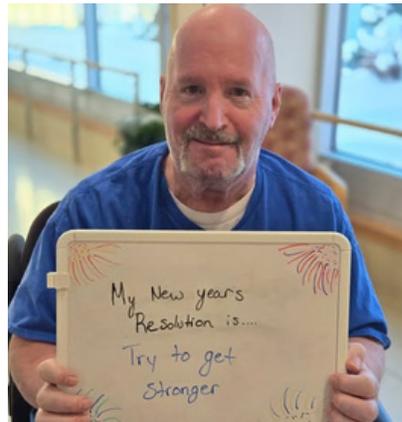
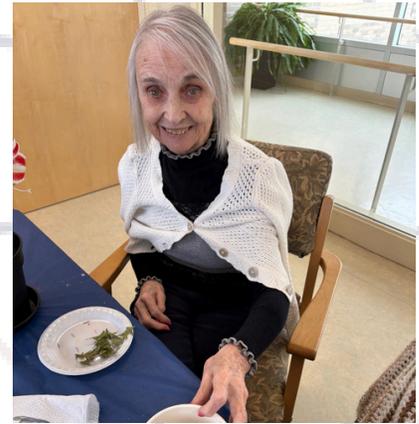
THE WARMTH OF WINTER

This winter has been a season of smiles for residents and patients at SJCCC. From cozy indoor gatherings and creative activities to festive celebrations and warm moments shared with friends, each experience helped brighten the colder days and bring our community closer together.

Our recreation and care teams worked together to create opportunities for everyone to enjoy the season, whether participating in engaging indoor activities, enjoying live entertainment, or celebrating special winter traditions.

Even as the snow fell outside, the warmth inside our home was felt in every laugh, conversation, and shared moment.

Here are a few highlights from our winter season of smiles...



HOLIDAY HIGHLIGHTS: WINE & CHEESE CELEBRATION

THE HOLIDAY SEASON BEGAN IN JOYFUL FASHION WITH OUR ANNUAL WINE & CHEESE EVENT, WELCOMING APPROXIMATELY 450 GUESTS.

IT WAS AN AFTERNOON FILLED WITH CONNECTION, CELEBRATION, AND COMMUNITY SPIRIT, A TRUE REFLECTION OF THE WARMTH AND STRENGTH OF THOSE WHO SUPPORT ST. JOSEPH'S. EVENTS LIKE THIS REMIND US HOW FORTUNATE WE ARE TO BE SURROUNDED BY SUCH A GENEROUS AND ENGAGED COMMUNITY.



Lights of Hope: \$60,000 + Raised

Our 2025 Lights of Hope Campaign was an inspiring success, raising an incredible \$60,231.

We are profoundly grateful to our community for its generosity and continued support. Every donation makes a meaningful difference in enhancing care, comfort, and programming for our residents and patients.

Thanks to your generosity, we were able to purchase a new EKG Machine, Dietary Ovens, Rehabilitation and Nursing equipment for the benefit of our residents and patients.

Your kindness truly lights the way.

HONOURING LENT & RAMADAN: COMMUNITY FOOD DRIVE

In the spirit of reflection, compassion, and generosity during the seasons of Lent and Ramadan, SJCCC is proud to host a Food Drive in support of the Agape Centre. Both Lent and Ramadan call us to acts of charity, sacrifice, and caring for those in need. As a community rooted in compassion, we are honoured to come together in support of individuals and families facing food insecurity in Cornwall.

We invite staff, families, and community members to participate by donating non-perishable food items. Together, we can live out the values these sacred seasons represent – kindness, service, and solidarity. Donation bins will be available at the front entrance. Thank you for helping us make a meaningful difference in our community.



Employee Service Awards

March 31, 2026

We are looking forward to celebrating our Employee Service Awards on March 31, 2026.

This special evening will honour:

44 dedicated staff members & 6 retirees

It promises to be a wonderful night of appreciation and celebration.

We are looking forward to it! Additional tickets are available for purchase at the reception desk.



Sister Cobey Award: Staff Nominations Open

We are proud to announce that nominations for the Sister Cobey Award will open on March 1st and are open to all staff.

This meaningful award recognizes individuals whose values, dedication, and contributions reflect the spirit and legacy of Sister Cobey. It honours those who demonstrate compassion, integrity, service, and an unwavering commitment to our mission.

We encourage all staff to nominate a colleague who truly embodies these qualities and helps make St. Joseph's such a special place. This cherished celebration has been part of our tradition for many years, and we look forward to recognizing a deserving recipient once again. **Celebration Day: April 28, 2026**



WE NEED YOU!

SJCCC is currently recruiting 40-hour students to help out on the weekends with our Recreation teams. Duties include portering, 1-on-1 visits, event support, and nourishment help for breakfast and lunch.

For more information, contact volunteer@sjccc.ca

WWW.SJCCC.CA
613-933-6040

A MESSAGE FROM ST. JOSEPH'S CARE FOUNDATION

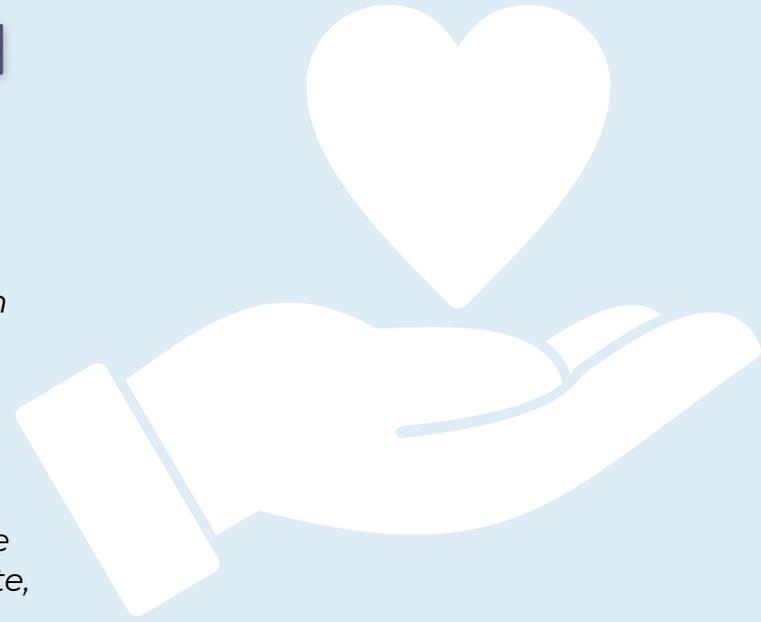
We were truly fortunate to experience such strong community support this year.

To all of our donors: Thank you.

Your generosity, kindness, and belief in our mission make a meaningful difference in the lives of our residents and patients every day.

Whether through financial contributions, event sponsorships, in-kind donations, or quiet acts of support, your commitment strengthens our Centre and allows us to continue providing compassionate, high-quality care.

We are deeply grateful to be part of such a caring and engaged community.



Join Our Foundation Board of Directors



Have you ever considered serving on a Board of Directors?

St. Joseph's Care Foundation is currently looking to recruit two new Board members to join our dedicated team. Our Foundation plays a vital role in supporting SJCCC by raising awareness and funds that directly enhance the care, comfort, and quality of life of our residents and patients. Through community engagement, donor relations, signature fundraising campaigns, and event planning, the Foundation helps bring meaningful projects and improvements to life.

From organizing special events to strengthening community partnerships, serving on the Foundation Board is an exciting and rewarding way to give back. If you are passionate about community, collaboration, and making a difference, we would love to hear from you.

For more information about this opportunity, please contact us at: donations@sjccc.ca

Celebrating 129 Years of Compassionate Care

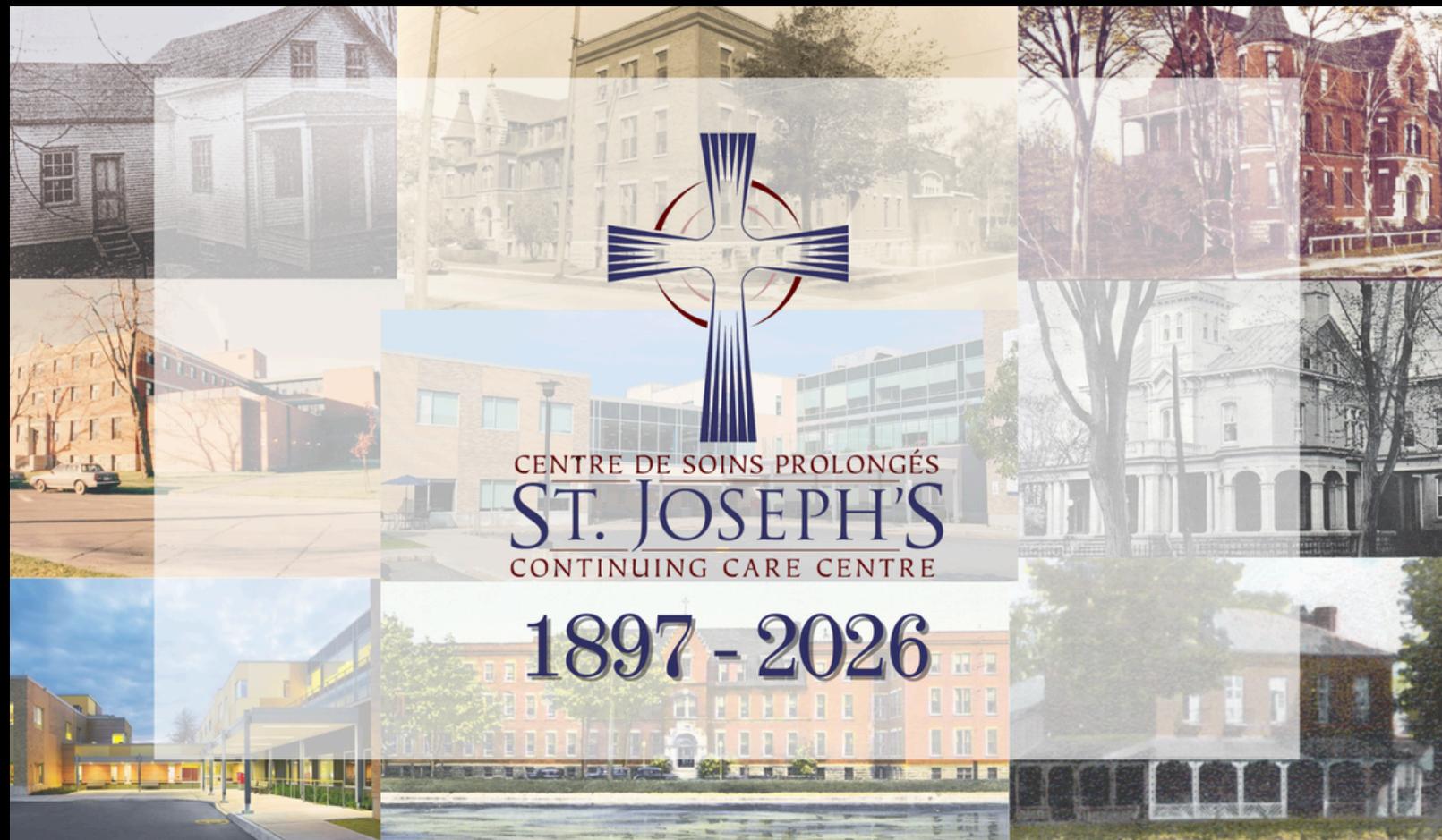
This year, St. Joseph's Continuing Care Centre proudly celebrates 129 years of compassionate care in the Cornwall community.

For more than a century, we have remained rooted in our mission, providing person-centred care to those we serve. Generations of families have entrusted us with the care of their loved ones, and we honour that legacy every day.

This year, we begin our planning for next year's celebrations! As we look ahead to 130 years, we are filled with excitement. The coming year will be one of celebration, reflection, and community engagement.

We look forward to planning special events and opportunities throughout the year to mark this incredible milestone... a year to celebrate all that St. Joseph's has been, and all that it continues to become.

Stay tuned!



Volunteers Needed: *Join Our Caring Community*

In 2025, our volunteer program thrived, with over 35 dedicated volunteers contributing more than 5,700 hours of service. From adult volunteers to high school co-op students and those completing their 40 hours of community involvement, their compassion and generosity continue to enrich the lives of our residents and patients. We are truly grateful for their commitment.

Looking for a meaningful way to give back? SJCCC is welcoming new volunteers to join our caring team. Whether you can give a few hours each week or help at special events, your time can make a lasting difference.

Volunteer opportunities include:

- **Visiting and companionship**
- **Assisting with recreation programs**
- **Supporting special events**



To learn more, please visit our website or contact: volunteer@sjccc.ca.



Celebrating Our 90s & 100s Club!

One of the most meaningful celebrations at St. Joseph's is honouring members of our 90s and 100s Club; residents and patients who have reached these incredible life milestones. These celebrations recognize not only remarkable longevity but also the stories, wisdom, and history each individual brings to our community.

Portrait Day: March 23, 2026

We are looking forward to capturing beautiful keepsake photos to commemorate this milestone year.

Letters have been sent to families with details to help prepare for these celebrations, and we look forward to sharing these joyful moments. It is always a privilege to celebrate the lives and legacies of those who have shaped our community in such meaningful ways.

Ceremony Day: May 26, 2026

REMOTE CARE MONITORING (RCM)

...by the numbers

Guided by the Geriatric Rehabilitation Pathway, SJCCC's Remote Care Monitoring (RCM) Program supports a smooth transition from hospital to home for frail older adults. This 30-60 day program is offered in both official languages and is tailored for patients experiencing changes in their health or medications, or recovering from illness, injury, surgery, or hospitalization.

Whether referred from hospital or community, patients receive personalized, goal-oriented care plans aligned with the Registered Nurses' Association of Ontario (RNAO) Best Practice Guidelines for Care Transitions. For eligible patients, the RCM Program provides support through daily questions and monitoring of vital signs and regular virtual check-ins by a dedicated nurse, helping to reduce unnecessary hospital visits, enhance patient safety, and support recovery at home.

Q3: October 1, 2025 - December 31, 2025

Average Length of Stay

33 days



Patients Served

162



Primary Language

English **129**
French **33**



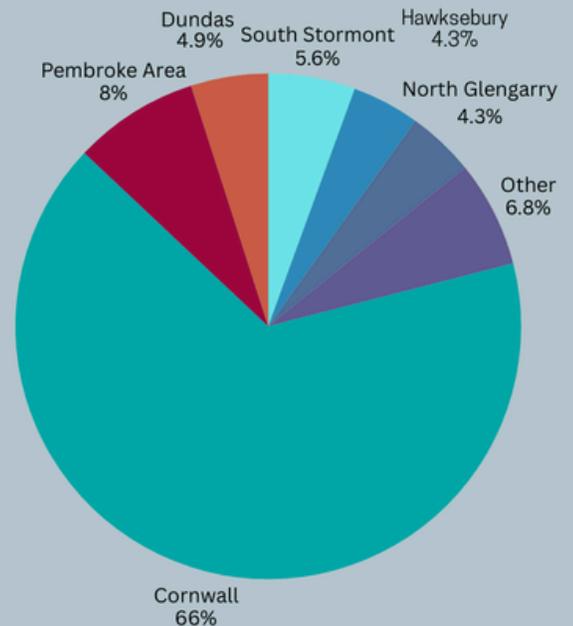
Unattached Patients

12



Patients matched with a Primary Care Physician

Patients by Postal Code



FLS Highlights



- ★ Continued momentum in French referrals this quarter
- ★ Strengthening partnerships with Archipel OHT to drive new referrals
- ★ Active French service offers are engaging more patients
- ★ Expanding FLS access through local Francophone community outreach

Patient Experience

100%

of patients strongly agreed or agreed they would recommend our RCM program to a friend or family member.



CENTRE DE SOINS PROLONGÉS
ST. JOSEPH'S
CONTINUING CARE CENTRE

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